

**Hudson Valley CSA Coalition
Food Access Research Project – Winter 2019
Final Report**

Introduction –

The Hudson Valley is a thriving agricultural region home to thousands of farms producing millions of pounds of food annually. Simultaneously, a significant portion of Hudson Valley residents in both urban and rural communities struggle with food insecurity and lack of access to fresh food. According to a 2016 Food Insecurity Assessment conducted by Feeding America close to 300,000 individuals living within the thirteen counties of the Hudson Valley (Albany, Columbia, Dutchess, Greene, Orange, Putnam, Rensselaer, Rockland, Saratoga, Schenectady, Ulster, Washington and Westchester) suffer from food insecurity.

A number of barriers exist for low-income and underserved residents of the Hudson Valley in accessing fresh, healthy food. Affordability, lack of transportation, the existence of food deserts and an experienced lack of cultural/racial inclusivity are just a few of the obstacles that many face in regards to food access.

Since its inception the farmer's of the Hudson Valley CSA Coalition have identified increasing access to their farm products as a high priority for the coalitions work. The aim of this research was to assess what is currently being done by both farms and organizations within the Hudson Valley to address the issue of food access in order to help illuminate what part the CSA Coalition and it's member farms can play in working towards a solution.

Although through this research the abundance of challenges and existing needs became increasingly clear, the incredible amount of energy and collaborative spirit committed to multi-faceted solutions paints a hopeful picture for the future.

Methods –

A number of methods were used to compile this research including literature review, online surveys and interviews with a number of farms and organizations. The first step in the process was to review statistics on food insecurity and a number of community food reports in order to start off with a general assessment of food access across the region (see appendix.) Largely via resources found through online research a picture of access initiatives in the Hudson Valley emerged and was used to generate the list of farms and organizations interviewed as part of this project. Interviews were then conducted with various farms and organizations to gain a better sense of how they are working to increase food access to low-income and underserved communities and individuals. In addition to describing the operations mission, the goal of the interview was also to assess both the successes and challenges they face in an effort to inform future work undertaken by the CSA coalition and community at large. Member farms of the CSA coalition were also asked to complete a survey exploring how their businesses are currently engaging with the question of how to make their products more accessible and also what sort of support they need in order to include more people of this demographic in their customer base.

Summary –

Organizations –

In each county there are a number of organizations dedicated to addressing food insecurity. Food Banks/Food Pantries, gleaning organizations and mobile markets are on the front lines of increasing access to low-income and underserved communities.

- Food Bank/Food Pantries:

Food Pantries and emergency feeding programs are at the forefront of addressing short-term food insecurity within the region. The Regional Food Bank of Northeastern New York (RFBNY) with its main location in Latham and a large branch facility in the lower Hudson Valley provide food to pantries and other emergency feeding programs. RFBNY serves 23 counties and offers a number of food relief programs such as backpack and summer meal programs, mass distribution, mobile markets and free farm stands, school pantry programs and nutrition education. In recent years the food banks partnerships with local farms have grown. RFBNY currently works with over 75 local farms and also receives produce donations from corporate partners. Many pantries served by RFBNY are limited by lack of storage capacity, which had limited the amount of fresh food available in favor of shelf stable packaged foods. However, in recent years the nutritional importance of fresh produce has been acknowledged with increased efforts to make these products more available although there is still unmet need.

Hundreds of food pantries exist across the Hudson Valley many of which offer additional support services and poverty assistance. An example is the Community Food Project of the Northeast Community Center in Millerton, which offers a fresh food pantry, community gardens, summer meal program and youth employment. Additionally, as part of its fresh food pantry NECC partners with Rock Steady Farm and Hudson Valley Fresh to offer CSA shares funded through the Community Foundations of Northeastern New York. Pantries serve as a valuable community resource for low-income individuals and families and hold great potential for collaboration with farms and other non-profits due to the increasing traffic through pantries and demand for healthy, nutritious food.

- Gleaning Operations:

In recent years a number of gleaning organizations have started including Capital Roots focusing on the Capital Region, Long Table Harvest working in Columbia and Dutchess County, Ulster Corps working in Ulster and Greene County, CCE in Orange County, Comfort Food Community in Washington County and Feeding Westchester in Westchester County. These gleaning operations work with local farms to collect excess or unsalable produce and distributes to food pantries and food relief programs.

Many of them have worked with pantries to help navigate the reality of limited infrastructure by timing delivery right before pantry hours or by helping establish a network of mini-food hubs that the pantries are able to access such as in the case of Ulster Corps and the Farm to Food Pantry Collaborative.

One identified gap is the availability of fresh produce available in the winter. Ulster Corps and Second Chance Foods have formed collaborations that process in-season produce to freeze and store for winter. Additional initiatives like these will help to ensure year-round availability of quality food.

- Mobile Markets:

Mobile farmer's markets have been popping up across the Hudson Valley particularly in urban areas such as Albany, Troy, Hudson, Poughkeepsie and Kingston. The absence of grocery stores providing access to diverse food options as well as lack of transportation can be limiting for many low-

income individuals. Mobile markets help address this issue by bringing the food directly to the communities in need. By accepting SNAP/EBT/WIC and FMNP checks these markets are able to overcome some of the economic challenges as well.

Most mobile markets are collaborative efforts between non-profit organizations and farms such as in the case of Poughkeepsie Farm Project and the Dutchess Outreach mobile market. Rolling Grocer 19 sources from many local farms and is a collaborative project between the Hawthorne Valley Association and Long Table Harvest.

Farms –

Many farms in the region are working towards increased access to fresh, local food. Partnering with gleaning organizations, growing produce for donation to pantries, offering sliding scale and flexible payment options for CSA are a few examples of efforts being made by regional farms.

- Survey Summary:

Member farms of the CSA Coalition were sent an online survey seeking to gather information on how their farms were working to address food access and what sort of challenges they faced in these efforts. Twenty-two responses were gathered.

- The majority of responses were from Columbia County (22.7%), Ulster County (18.2%) and Rensselaer County (13.6%).
- Approximately 60% of farms identified increasing access as a priority for their farm business (selected 4-5 out of a 1 to 5 rating scale)
- 19% of farms accept SNAP/EBT for CSA
- 47.6% offer sliding scale payment
- 52.4% offer subsidized shares
- 81% offer installment payment options
- 19% distribute to communities identified as food insecure
- Most subsidized shares (76.9%) are funded through donations
- Most farms (76.9%) report that 0-25% of members contribute to subsidized share donations
- 78.6% of farms reported being able to meet the demand for subsidized shares. 21.4% were not able to meet demand.
- 68.8% of farms had 0 members paying with SNAP/EBT benefits
- Increased knowledge of resources and potential partners in connecting with underserved communities would be helpful for many farms
- Funding for subsidized shares and transportation were the top reported challenges for farmers to make their CSA more accessible.
- Fundraising and administrative support were to the two most common responses from farmers on how the coalition could support their goals of increased access

- Sliding Scale Payment and Subsidized Shares:

The upfront cost of a CSA share can create a real financial barrier. Many farms across the Hudson Valley are trying to address this by offering a sliding scale payment method that allows those who are able to pay more to offset the cost for members who cannot afford the full price. Other

farms offer an option for members to donate towards subsidized low-income shares. Some farms such as Lineage Farm (Good Food for Hudson), Rock Steady, Soul Fire Farm and Poughkeepsie Farm Project go as far as fully subsidizing a certain number of shares through grants and other fundraising efforts. Farmers expressed a strong need for increased support in outreach for fundraising to support low-cost/subsidized shares as well as help navigating the administrative load of alternative payment options (SNAP/EBT/FMNP).

- Flexibility:

Traditionally CSA has been somewhat rigid in terms of pricing, crop selection and pick up. Farms that have been successful in using the CSA model to serve low-income or underserved customers have increased the flexibility of their CSA program.

Examples:

- Members can pay weekly or monthly as opposed to up front
- Members using SNAP benefits can choose how much they pay each week
- Members can select what crops they want as opposed to the farmer selecting items that make up the box
- Members can drop in and out throughout the season
- Home delivery options meet the needs of members without transportation or conflicting work schedules

- Collaborative Relationships:

The importance of collaboration became very clear through this project. Every farm focused on food accessibility had at least one, if not multiple, collaborative partners that helped link their farm products to underserved communities. Whether it was with funding partners such as Community Foundations of the Hudson Valley or Berkshire Taconic Foundation or through partnerships with local health centers, community organizations, schools or housing complexes farmers were forging connections with established community hubs to help them reach customers and share the infrastructure and logistical load necessary to serve these individuals. Farmers have mentioned not knowing how to identify or connect with underserved communities as a challenge to increasing access. Reaching out to organizations already offering support services is a good first step.

Target Population –

Due to the timeline and limited scope of the project it was challenging to engage directly with the individuals and communities that the coalition efforts hope to serve. However, anecdotal information was gathered during interviews. In general, both organizations and farms reported a strong sense of gratitude and enthusiasm for increased access to fresh, good food. People are aware of the limited options in underserved areas and acknowledge the lack of quality produce and healthy food options. Recipients of subsidized shares, patrons of food pantries and customers of the mobile markets all were reported to be genuinely appreciative of the ability to take home good food and for the efforts of farms and organizations to acknowledge the systemic challenges that many face.

Analysis –

CSA is a valuable model of a deeper relationship between farms and consumers that is an important part of our regional agriculture. Yet it comes with its own limitations that are particularly challenging for both low-income individuals and farmers to overcome. CSA requires a significant commitment of money, typically upfront and often members take home produce that they are not familiar with or do not care for. When someone has little income to work with this lack of choice can be both unappealing and unrealistic. Yet, farmers also struggle to make a living and cannot afford to decrease share costs without outside funding. CSA requires a commitment of time both in getting to the pick up site at very specific hours and also in the time it takes to prepare and utilize the produce. Transportation to pick up sites often located on rural farms that require a car can be limited. Farmers are limited in their capacity to offer more flexible pick up or delivery options due to an already heavy workload. Additionally, lack of familiarity with the CSA model and cultural stigmas around local food can deter people from joining. Farmers have consistently voiced the need for support in outreach and education about CSA.

Through this research it became clear that although certain aspects of the traditional CSA model can impede accessibility, with enough flexibility and willingness to work towards creative problem solving, farmers can most certainly make their CSA's more inclusive. Individuals who are low-income or living in underserved areas are just as hungry for community and good food as the rest of us and CSA has a role to play in a meeting those desires. Recommendations for creating more inclusive CSA are as follow

Recommendations for Farms

1. **Organize around existing community hubs** that are working with low-income and underserved individuals and families. Health centers can be especially strong partners. They may be able to assist in the outreach, administrative and logistical aspects of CSA.
2. **Engage the individuals and communities you hope to serve.** The individual communities must have a voice in determining lasting solutions to the specific issues they face in regards to food access. Does a community want CSA? How could CSA be adapted to best meet the needs of that community?
3. **Increase flexibility as much as possible.**
 - Accept weekly or monthly payments
 - Consider free choice shares
 - Adjust crop list to reflect member preferences
 - Consider offering home delivery (or enlist member volunteers to do this for you)
4. **Use the coalition as an organizing platform** for collaboration around aggregation (get fresh, local food into schools and hospitals) and distribution (farms partnering on home deliveries???)
5. **Be willing to engage with the underlying systemic issues that have led to a lack of accessibility and equitability within the food system.** Ultimately we need to be working towards long term solutions, not simply grabbing the low hanging fruit of meeting short term needs. This cannot be done without deep reflection on how we each are contributing and/or helping to solve these systemic problems.

Recommendations for HV CSA Coalition:

1. **Start collective fundraising to subsidize shares for member farms.** Potential collaboration with Community Foundation of the Hudson Valley and Berkshire Taconic Foundation. Reach out to Healthy Food for All in Tompkins County (collaboration with Cornell Cooperative Extension)
2. **Continue and expand CSA marketing outreach particularly to underserved communities.** Partner with community hubs where applicable to reach target customers.
3. **Offer administrative support** for low income shares such as identifying qualifying families for subsidized shares and processing alternative payment methods.
3. **Create a food access resource guide for farmers** including information on accepting SNAP/EBT, community food access reports, community resources offering poverty assistance, resources for grants and other funding related to food access.
4. **Host a Dismantling Racism workshop with Soul Fire Farm.** The issue of food access is one that requires cultural and racial awareness and sensitivity. We must be willing to engage with the underlying systemic issues that have led to a lack of accessibility and equitability within the food system in a way that is inclusive and promotes lasting change.

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INTERVIEWS

Sarah Simon

Farm Director at Common Ground Farm Project

Contact - Email: sarah@commongroundfarm.org Phone:

Interview by phone 26 Feb 2019

Summary - The Common Ground Farm Project is located in Beacon, NY and is committed promoting food justice through their work in food production and education. CGFP grows 4 acres of produce for sale through local farmers markets, local wholesale accounts, a small CSA and for donations to local pantries. CGFP manages farmer's markets in both Beacon and Newburgh and works to make those markets more accessible for low-income individuals and families. They have strong collaborative relationships with Affinity Health and Cornell Cooperative Extension that helps support their mobile markets in Beacon and Newburgh. They have found success in partnering with already existing community hubs such as health centers, housing complexes and churches.

Sarah Simon is the Farm Director at Common Ground Farm Project in Beacon, NY. The Common Ground Farm Project has been in existence for the past 19 years. It started originally as a CSA Farm similar to the Poughkeepsie Farm Project or Phillie's Bridge Farm. At that time CSA was a new model in most places so their CSA was a food justice mission in and of itself just in making local, organic food available. However, over time the CSA ultimately was not meeting the financial needs of the farm so they decided to shift away from that model. Having pre-sold produce through the CSA also made it challenging to address food access in the way CGFP wanted due to supply.

CGFP is farming 4 acres on a 9 acre piece of land. They are focused on food production and education with food justice interwoven into all aspects of the work they do. Through her work Sarah wanted to examine how they could match their distribution models to their mission. Even when selling produce she sees it as an opportunity to be working towards food justice. While there are certain sales accounts such as to local restaurants, caterers and the Sunday Beacon Farmer's Market that are necessary just to "keep the lights on" a large focus of their marketing is on reaching the low-income and underserved within the Beacon area and now branching into Newburgh.

While they donate a significant amount of produce to food pantries and soup kitchens actual sales are necessary to keep the non-profit viable. About 60% of their budget is supported by program generated income and 2/3 of that is farm sales. Otherwise they rely on grants and donations from community foundations, local groups, individual contributions, corporate contributions and fundraising events.

Collaboration is a key component to their success. Through a partnership with Cornell Cooperative Extension CGFP run Green Teens, a youth empowerment and education program. Green Teens is in charge of their Common Greens mobile market, which brings reduced price produce to underserved areas in Beacon and Newburgh during the growing season. The grant funding that CCE receives allows CGFP to reduce the produce price since they have no labor costs related to staffing and running the distribution. Common Greens delivers to local health centers, senior centers, apartment complexes and churches.

They also partner with Affinity Health Plan Inc. to offer mobile markets in Newburgh. Affinity Health subsidizes the cost of running the market, which allows produce to be sold at a discounted rate. Sarah sees partnerships with health care providers as having a lot of future potential. Non-profits and other established organizations can serve as a great conduit to connecting farms to customers and creating a stronger platform to launch new initiatives.

The mobile markets have taken a while to really take off, but people are getting used to the idea of them and having the teens run the market makes it more approachable. The mobile markets are a good primer for shopping at the farmer's market and has the potential to make low-income shoppers feel more at home when they go to the farmer's market if it is a model that they are accustomed to.

CGFP has recently taken on the management of various markets in Beacon and Newburgh. One big change was moving the Beacon market from the waterfront to Main St - the center of the city. They observed that sales nearly doubled. While the Beacon market has normal pricing, SNAP/EBT and other food benefits are accepted. They also utilize a food benefit incentive program called Greens for Greens, which matches food dollars spent on produce. The funds for this was raised through local business contributions and fundraising events. This year they will also be approved to accept the incentive dollars at their market in Newburgh.

The Newburgh market is funded by the city and is not yet established enough to have a strong reputation although CGFP hopes to get it there. Their goal is create a more welcoming market, which takes time and effort. In general, their approach to making the community connections that they feel is necessary to get food to the people that need it all takes time and effort. The Newburgh market is not a money maker, but it is great for the connections.

CGFP has also focused on how to get local produce into the schools. They have built a relationship with the director of food services at the public schools in their area who has been really supportive, but there a lot of hurdles for small farmers in being able to access institutional markets. They partnered with the food and beverage clinic at Pace University to create a road map for selling to schools and hope to share that with the farm community. Cooperative farm models will be helpful to unlock these larger accounts that are requiring a heavier administrative load.

Sarah sees their educational programming as equally important to the question of access in its efforts to create a different culture of eaters. Their programs hit every grade in the school system. Farming and fresh produce was totally foreign to their first round of Green Teens, but through programming in schools that is no longer the case. In working with the school director they have come to find that programming has to come first before product. If kids don't know what it is, they aren't going to eat it.

CGFP has seen a lot of success mainly measured by the quality of relationships that they have formed. "People are hungry for a lot more than fresh tomatoes - they are hungry for connection." Teens delivering to low-mobility seniors, under-employed and homeless people coming to the market who are lonely and just spending time chatting are examples of ways in which the value is created beyond actual food.

Despite the success, challenges remain. In terms of CSA - they have found that focusing on the market better serves their customers. Traditional CSA requires not only a financial commitment, but also requires mobility, flexibility and an abundance of time. The lack of choice and large volume of traditional CSA's can be daunting and doesn't work for everyone. They offer a small, on-farm UPICK CSA where people can choose what and how much they take. It is only 12 weeks and is structured at \$20/week box value.

With more support CGFP would be able to reach more people. Outreach is a shortcoming - it requires time, effort and resources. If there was a full time staff member to focus on Newburgh they would be able to have greater impact.

Raymond Luhrman
Farmer at Fox Creek Farm
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Interview by phone 13 Feb 2019

1. Describe your farm. What do you grow? Where and how do you distribute?

Fox Creek Farm is located in Gallupville, NY in Schoharie County. They have been growing vegetables using organic practices on their farm since 2003. They are a CSA farm with over 400 members. They offer multiple pick-up locations in the Capital Region and various sized shares. Members can pay in installments. Subsidized shares through their "Healthy Food for All" program are available.

2. How is your farm addressing issues of food access?

Currently, they allow members to donate to a subsidized share program and then work with members who cannot afford the full-priced share. Raymond estimates that about 10% of the members donate (so about 40 of 400), but the amounts vary significantly - between \$12 to \$500.

They also donate produce to food pantries and work with Capital Roots 'Squash Hunger' program.

In 2016 they tried to offer shares to low-income individuals in the Yates Village housing project in Schenectady. Raymond had witnessed how it was becoming more difficult for farms to sell CSA shares so thought that if a group of farms collaborated to gather their unsold shares and offer them at a subsidized rate that it might be a good way to address access for those who would not normally be able to afford to be part of a CSA. The collaboration with other farms ultimately fell apart, but Fox Creek forged ahead on its own.

They worked with the Schenectady Inner City Ministry (SICM) to connect with the community there and subsidize the shares. SICM is a non-profit that offers support services to those in need including a food program that runs a food pantry, community garden, SNAP/EBT benefit assistance and nutrition classes. Through SICM and their connection to the Regional Food Bank of Northeastern New York - Fox Creek was able to discount the shares by 50%. The relationship with SICM also allowed them to accept SNAP/EBT and FMNP checks for weekly rather than seasonal payment. But in the end, despite strong enthusiasm at community meetings - nobody came for the produce. Raymond says he processed maybe \$20 in EBT benefits the whole season.

3. How did you connect with the individuals and communities that you are serving?

SICM has connections with Yates Village through its established community work and particularly its food pantry that serves many of the Yates Village residents. With the help of SICM - Fox Creek held community meetings to see whether people would be interested and to promote the CSA program. There were multiple, well attended meetings (30 to 40 people) where great support and enthusiasm was shown for the idea. SICM went door to door to market the shares and remind people about weekly pick-ups.

"Ultimately - you need a really strong connection to a community to make it work."

4. How many people do you currently serve and what proportion would be considered low-income or underserved?

They offered 20 shares worth of produce to the Yates Village CSA. Their total CSA membership is about 400.

5. In what ways has your model been successful?

The project itself was not successful. Barely anyone came to buy produce despite initial enthusiasm and continued outreach. SICM was able to buy the shares and bring them to the food pantry. But Raymond learned a lot about the realities of poverty that he had been less aware of before.

6. Where have you faced challenges?

There seemed to be a lot of challenges. Forging a strong connection to a community and getting their buy-in was difficult. Initial enthusiasm did not materialize into people participating in the shares. They adjusted to selling items loose since they thought that maybe people didn't want the typical "share" style of a CSA, but that did not bring much more success.

"I would offer a share with kohlrabi, parsnips, lettuce, tomatoes - for instance, and ask \$10, which I felt was a fair price. But they might only want the two tomatoes and only want to pay \$1. When they are operating in limited resources no one wanted pay for things they didn't want. We thought that selling loose might help, but it didn't make a difference."

Benefits run out at the end of the month so the timeline for buying food is difficult. Fresh food seemed like the least of their problems - lack of reliable transportation, lack of time and the weight of multi-generational poverty.

Safety was an issue. During one of the distributions someone was stabbed to death right around the corner from the pick-up.

7. In your experience, how does/has the CSA model worked or not worked for low-income or underserved individuals and communities?

In their experience it didn't work.

"CSA is only seems to work for a select group of people. I am sometimes amazed it works for anyone. You have to come at a certain time of day and the farmer tells you what you get to take. It is not an easy model for many people."

Jon Ronsani
Founder of Good Food For Hudson and Farmer at Lineage Farm
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Interview by phone - 11 Feb 2019

Summary - Good Food for Hudson is an initiative that provides fully discounted CSA shares to individuals and families living in Hudson. Through community fundraising GFH is able to provide fully funded CSA shares to individuals and families living in Providence Hall, a low-income housing project in Hudson, NY. The initiative has been well received, but is limited by funding and the ability to spend time on marketing and promotion necessary to increase financial support.

Good Food for Hudson is an initiative that provides fully discounted CSA shares to individuals and families living in Hudson. Produce for the project is grown by Jon and Jen Ronsani at Lineage Farm in Ghent, NY. The initiative is going into its 5th season. Money for these subsidized shares is collected through fundraising. Shares are distributed at Providence Hall. Over the years there have been a few other distribution sites, but GFH has chosen to focus distribution to one location.

In year one GFH used You Caring as their fundraising platform and were able to raise \$15,000 that provided fifty 20 week CSA shares. Roz Pope Meyer heard about the initiative and really helped support and promote the fundraiser. Last year they were able to raise \$5,000 for shares. The distribution is pretty bare bones so all of the money raised is able to go towards purchasing vegetables for the shares. Also - You Caring doesn't take any commission fee leaving more money to go to the effort.

Jon first went to Linda at TSL to ask her what she thought of the project and whether she thought there was a need/interest. From there it grew naturally and Jon connected to Providence Hall just by talking to people in the community. He went to food pantries and talked to people picking up there and got a lot of excitement about the idea.

People are so thankful for the food. The produce they deliver is much higher quality than most people in Hudson have access to - both physically and financially. The CSA model was pretty new to most members. They were more familiar with the farmer's market. Also - the intention behind GFH says a lot - the fact that the shares are paid for through fundraising and that Lineage goes through the effort of growing, harvesting and packing specifically for them means a lot. We offer flexibility in the share and focus mainly on staple crops - nothing too obscure.

For GFH the biggest barriers are fundraising and the administrative aspects of that as well as distribution. Neither Jon or Jen are big on social media and on top of running a farm (with other CSA members through Lineage Farm) it is hard to keep up on managing the fundraising aspect. Club Helsinki hosted a benefit a few years ago, but compared to the first season the fundraising efforts have decreased. Last season they raised \$5,000 compared to \$15,000 in the first season. There is definitely the demand if they were able to raise more money. There is a waiting list at Providence Hall for shares.

Help with fundraising is necessary to be able to reach more people. Also there are several initiatives focusing on Hudson so it seems that there is potential to get together and see how everyone can collaborate on resources and outreach. What would it look like for farms to grow collaboratively and possibly be able to serve more people? Each farm and organization is going to have a different take on how to answer the question of food access, but a shared platform could be helpful.

Bob Baker
Manager of Farm Projects and Food Drives
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Interview by Phone - 07 Mar 2019"

Patroon Land Farm was started in 2006 and consists of 180 acres in agricultural land trust owned by the Patroon Land Farm Foundation. The land was in pretty poor condition when they first obtained it after being used for dairy farming for many years prior. They started with 40 shares in 2008 and all on-farm pick up. They now provide about 450 shares delivered around the Capital Region. They are full price shares and the CSA income subsidizes the 100,000 pounds of vegetables that the farm grows and donates to the food bank. Food pantries can order produce from the food bank and also add it on when they come to pick up. Many other farms in the area, like Black Horse Farm, also donate to the food bank.

Ray Armater - Executive Director of Poughkeepsie Farm Project

Contact - Email: ed@farmproject.org

Kate Dayton - Office Manager for Poughkeepsie Farm Project

Contact - Email: info@farmproject.org Phone: 845.516.1100 ext.0

Interview by Phone - 08 Mar 2019

Summary - Poughkeepsie Farm Project is a farm and education center located on land owned by Vassar College in Poughkeepsie. Their CSA sponsors 35-40 shares per season and these sponsorships are made available through fundraising. Recipients are identified largely through their work in the school systems. PFP also collaborates with Dutchess Outreach to supply their mobile market supplying inner city Poughkeepsie.

Poughkeepsie Farm Project is a farm and education center located on land owned by Vassar College in Poughkeepsie. It is in its 20th year of operation.

The educational component of PFP partners with the public school system in the city of Poughkeepsie. They help establish school gardens, host field trip and offer cooking classes for parents and children. Students are able to experience PFP several times throughout the school year, which helps to establish a relationship with food and the land. The education programs also serve as an important connection to the community.

The farm is 15 acres, which provides produce for approximately 600 CSA shares as well as produce grown for donation to food pantries through PFP'S Food Share Program. 20 % of what is grown goes to emergency food providers. In 2017 that amounted to about 40,000 pounds donated.

The CSA sales and also wholesale accounts support the farm and help to subsidize donations to pantries. PFP sponsors about 35-40 shares each season. Families are identified for sponsored shares mostly through connections made with the school system. At pick-up each week sponsored share members are able to contribute money if they can and want to, but it is not required. However, according to Kate, often members really appreciate the opportunity to put in some money for what they are receiving.

Members are able to donate to help sponsor shares and Kate estimates that about 25% participate. There are also grant funds that help support these shares. PFP accepts EBT, but not many members pay using this method.

Distribution occurs twice per week on farm. Pick-up is market style and there is also a PYO component. Each year about 15 members also participate in a work trade program in exchange for a CSA share.

Transportation can be a barrier since pick-up occurs on farm. There was one member who used to take the bus and Kate remembers it being challenging. The farm is located in the southeast corner of the city - about 1.5 miles from the city center.

PFP also collaborates with area gleaning programs and supplies produce for the Dutchess Outreach mobile market - offering low cost produce to the city of Poughkeepsie. Both Ray and Kate see this distribution model as a real success since all big grocery stores are located in the town of Poughkeepsie, outside the city limits.

PFP sees funding as a challenge. Their marketing and development team are limited. They also observe that often foundations will offer funding for a year or two before moving on to fund another initiative. It seems that the creation of an annual agenda for foundations might be helpful in coordinating their support with the efforts of the projects that they are funding.

D Rooney
Farmer at Rock Steady Farm
Contact - Email:info@rocksteadyfarm.com Phone: 646-410-7632
Interview by phone 25 Feb 2019

Summary - Rock Steady Farm is a farm in Millerton, NY that grows annual vegetables, herbs and flowers for CSA and wholesale. They have identified food justice as part of their farms mission and have many strong collaborative relationships, many with health centers located in NYC, that help them to connect their farm products to low-income and underserved individuals in the Hudson Valley and NYC. They use a sliding scale model and solicit donations to help fund subsidized shares. They accept EBT/SNAP and try to keep options flexible to meet individuals with different needs.

Rock Steady was formed in 2016 by D. Rooney, Maggie Cheney and Angela DeFelice to grow annual vegetables and flowers. They grow on a total of 12 acres split between two sites for CSA and market their flowers wholesale to NYC and for events.

Rock Steady has number of interesting collaborations both locally and in NYC. They partner with Northeast Community Center in Millerton and Ancramdale Neighbors Helping Neighbors program to offer CSA shares. NHN received 16 shares per week and NECC would take between 30 and 80 depending on the week. The organizations paid for the shares through grants and donations. These partnerships have been successful in that they have been continued for three years now. It works well for Rock Steady because the partner organizations find the funding. Although it is lack of funding that limits the scope of the partnership.

In 2018 Rock Steady started 4 new sites in NYC that serves low-income and underserved populations - Callen-Lorde, LGBTQ Health Center, Kingsbridge Community Center and Starr Bar. They use a sliding scale model and solicit donations to help fund subsidized shares. Additionally they accept EBT/SNAP weekly payments at all sites and allow drop-ins for those using food benefits.

Both D and Maggie had lived in NYC before moving up state to start Rock Steady. They had also both worked in food justice so had formed many connections through that work. This has helped them make in roads to the current communities that they serve. Just Food has been a big support - supplying an intern to run distribution at Callen-Lorde which took the weight off both the farm and health center and made the drop possible.

Ultimately D sees their current model as being a band-aid on the large systemic issue of why people can't afford food. Their hope is to build a community that addresses root causes of access. Organic, small farms require a lot of labor, which is the most costly expense. The profit margin and margin for error are low especially when you want to farm with dignity and pay yourself and your employees a living wage. A big part of the work that Rock Steady is doing is to educate people on why they should care about and support small farms. Ultimately, funders don't believe in food yet and are not seeing the value in nutritious food. That is where we need to get to really have impact.

The challenge with how the set up currently works is that you are relying on the generosity of individuals. Subsidizing shares is a leveraging of financial privilege and while it is heart warming when people do give - there is something larger at work that needs to be addressed. Farms can't do it on their own and collaborations with non-profits for funding and outreach are how they make it work.

In talking about community connections D brought up the point that it is important to examine motives. Are farmers wanting to reach out because of a savior complex or do they really believe in the injustice behind poverty? Hunger is not just in the city, it is affecting people in our communities, in our backyards. How can we best serve?

Larisa Jacobson
Farm Manager at Soul Fire Farm
Contact - Email: larisajacobson@gmail.com Phone: (510) 604-6108
Interview by phone - 01 Mar 2019

Summary - Soul Fire Farm is located in Grafton, NY and is both a production farm and educational center focused on ending racism and injustice within the food system. Soul Fire supplies a 100 member CSA about 40 of which are delivered to low-income neighborhoods in Troy and Albany. They offer home delivery, accept various payment options and offer subsidized shares to help address the various needs of their members. Making their shares culturally relevant and promoting the afro-indigenous origins of many familiar crops is an important part of their work.

Soul Fire Farm is a 72 acre farm in Grafton, NY. It was started by Leah Penniman and Jonah Vitale Wolfe as a family farm, but has quickly grown to become a center for ending racism and injustice within the food system.

The farm has 6 acres of land in perennials, orchard and berries as well as 2 acres in mixed vegetables. The produce supplies 100 households using a CSA model. Approximately 17-18 “solidarity shares” are offered per season. These shares are offered free of charge through fundraising and are given to immigrants, refugees and others who have been the victims of state violence. The solidarity shares were originally developed in partnership with a community health clinic that would help Soul Fire identify and connect with families in need. The program has now been expanded so it often includes members who have lost their EBT benefits, but still want to have access to fresh food.

Approximately 40 shares are delivered throughout the Capital Region - particularly to areas identified as low-income or areas of food apartheid - Arbor Hill, Mansion Hill, South end of Albany and the North end of Troy. The doorstep delivery program allows members to participate who would never be able to make it to on-farm pick up. Home delivery addresses many issues related to group pick-up such as being homebound, lacking transportation, having multiple jobs, family responsibilities or even money for gas.

On-farm pick up as well as 5 different group pick up sites are also offered. They use a sliding scale payment system, which allows for lower-income member shares to be subsidized. They also accept SNAP/EBT benefits which are processed monthly. Members paying using benefits are allowed to write in their own number on their benefit slip depending on what they are willing and able to pay. Larissa talks about the sliding scale payment system as being a form of reparations. Instead of simply being seen as charity distributing wealth differently through the sliding scale system allows those with financial privilege to recognize and address injustices that exist within the wider food system. Contributing to food access in this way allows other issues connected to food, such as success in school or chronic disease, to be addressed.

Leah and Jonah had been living in the South End of Albany before moving to the farm in Grafton so had already established relationships with communities there. The dynamics in Albany are shifting and low-income people are now moving to different neighborhoods. The doorstep delivery program is open to shifting to meet current realities of the urban landscape. Soul Fire puts a lot of effort into community engagement. Each winter they call their members as opposed to relying on a digital survey to stay connected and get member feedback. They adjust the crop plan based on what people say they want, but also feel that regular conversations make people feel really engaged and included.

A big piece of Soul Fire Farm’s work is outreach and education. They are focused on reclaiming the agricultural legacy of black, indigenous people of color and working towards reconnecting people to the land. Offering shares in the city allows Soul Fire to bring the farm to them. They also run a lawn to garden program that helps build raised beds and offers garden support to people living in Albany and Troy. Additionally there is a focus on afro-indigenous crops and seed stories as a point of pride and ancestral value. In their newsletters, but also in their selection of crops, they work towards reclamation of different foods and rebrand them in a way that allows their members to see themselves in the food they grow. For example, highlighting kale as a crop that is traditionally grown in West and East Africa or of fennel which is originally of East African and medicinal origin. Aside from farming they do public speaking, workshops focused on dismantling racism and

restorative justice and shifting systemic power structures. They hold free youth sovereignty workshops for local people of color and offer farm training programs focused on people of color and reuniting them with their right to be in relationship with the land.

Though Soul Fire is doing a lot of good work, Larissa also speaks of the challenges it faces. As with other small scale organic farms - it is really labor intensive and since they don't rely on buying in any outside crops it means they operate in a tight succession plan with quick turn around time. This has led to the anticipated agricultural issues like weed and pest pressure. Dealing with seasonality is also challenging when people are so accustomed to diversity. They have pared down what they grow, cutting out things that people don't like such as arugula, celeriac and rutabaga to be able to focus their growing space on the items that people do want. But it can still be a challenge to compete with grocery stores that have so much more choice even if it isn't in season.

Larissa says that in her experience, that although farmers work hard and mean well many are not doing their own work in examining how they may be complicit in the systemic problems and privileges. To develop meaningful relationships that are based on justice and equity it requires a willingness to meet people where they are and to be out of one's element. They have to be willing to humble themselves in the process. The desire to work with food access can't stem from a savior complex, but must come from a deep belief that there is injustice in our food system.

Quotes -

“ Home delivery addresses many issues related to group pick-up such as being homebound, lacking transportation, having multiple jobs, family responsibilities or even money for gas.”

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“Although farmers work hard and mean well many are not doing their own work in examining how they may be complicit in the systemic problems and privileges. To develop meaningful relationships that are based on justice and equity it requires a willingness to meet people where they are and to be out of one's element. You have to be willing to be in situations where you are the only one in the room that looks like you. You have to be willing to humble yourself in the process. The desire to work with food access can't stem from a savior complex, but must come from a deep belief that there is injustice in our food system.”

KayCee Wimbish
Kingston YMCA Farm Project
Contact - Email:kaycee@kingstonymcafarmproject.org Phone:845-332-2927

Interview by phone 28 Feb 2019

Summary - The YMCA Farm Project is a non-profit farm and educational organization located in Kingston, NY. The farm produces for farm stands at a number of community hubs within Kingston such as the YMCA, Kingston Hospital and public library. The produce is subsidized through Community Foundations of the Hudson Valley grant funding and sold at reduced cost. SNAP/EBT and FMNP checks are also accepted. KayCee identifies unused benefits as a factor in the ability to reach more people and the need for stronger outreach about available support. Education is an important component to their work in order to equip kids and families with the knowledge and skills to work with fresh and sometimes unfamiliar food.

The YMCA Farm Project is a non-profit farm operating in its 6th season on land owned by the Kingston YMCA. The farm is comprised of 1/2 acre of vegetables, a children's garden of 8 raised beds and a community garden space that the farm project is not in charge of, but helps to steward. The YMCA Farm Project has its own operating budget and does not receive funding from the YMCA. They are responsible for their own funding through program revenue and fundraising.

The focus of the farm project is community food production and access. They operate and supply farm stands throughout midtown Kingston and have focused their efforts on creating farm stands where people already are through partnering with anchor institutions. They have farm stands at the YMCA, Kingston Hospital, public library and also deliver to a senior apartment building. The produce sold at these stands is reduced price through grant subsidization. They also accept SNAP/EBT and FMNP checks. At the senior apartment complex The Office of Aging goes door to door to distribute the checks. The residents are low-mobility so would likely not be able to make it out to a regular farmers market. Delivering to the complex allows them access to fresh produce.

Last year they also partnered with the Institute for Family Health, which serves mainly low-income and un/underinsured individuals, to offer a Free Farm Stand that was grant funded by the Community Foundations of the Hudson Valley. Their stand at IFH is the most diverse, lowest income and people take a lot because it is free. In general she says that it has been easy to find and establish partnerships with other organizations. The hospital approached them and overall everyone has shown great enthusiasm. It is important to get organizational buy in to help take the load off the farmer in terms of outreach and education. But also you need the institution to get behind it instead of relying on relationships with one person in the system. If that one person leaves - the relationship often leaves with it.

KayCee says that although it varies by site about 20% of their sales are SNAP and FMNP checks. There are some people who come to the stands who are familiar with local, organic produce that view it as a "bargain" since the produce is subsidized. But also there are a lot of people who are utilizing the services of the institution, happen upon the stand and end up buying vegetables.

Although they have had a lot of success, Kaycee claims that it is still hard to reach people. There are a lot of FMNP benefits unused and she wants to know why that is. How can we reach people who have these benefits, but don't use them? There is a racial dynamic too. The YMCA Farm Project is run by a team of white women. Jaycee speaks Spanish and sometimes they will get waves of Latinx customers, but the dynamic

is still there in terms of how to meaningfully connect within the community. Also, people really want fruit and vegetables are less desired. She is not willing to become a re-sale market, but feels that access to fruit could potentially increase vegetable sales as well.

Each year they have offered 4 to 5 CSA shares to help subsidize the farm stands. They are sold to people who are into food, but also who want to support the project. But ultimately it takes away from the farm stand and Kaycee is considering doing away with it this year. She is not personally interested in exploring how to use CSA to address food access - the market set up seems to be working best for them and their community. In addition to their food access work, the YMCA Farm Project has an education program that brings kids to the farm and also goes into the schools. They have a 4 season youth employment program that works with teens and empowers them as agents of change in their community. The hope is that they can help make change in communities where they have been systemically marginalized. They have incorporated more and more cooking into their programming because they found that kids loved coming out to the garden, but need to know what to do with the produce after that. Education is linked to the question of access. Food knowledge and cooking skills seem to be something that are no longer being passed down in homes and families.

“ When the access is there you also need to create an ability to do something with the food”

KayCee sees education as linked to the question of food access. The kids they work with can connect their parents to the resources available by telling them about the farm stands and showing them how to cook with food they learn about in school or in the gardens.

In general KayCee feels supported in the work she does although stronger outreach to SNAP recipients so they know where they can go to get fresh produce would help.

ORGANIZATIONS

Megan Vangorden - Gleaning Program Coordinator
Cornell Cooperative Extension of Orange County
Contact - Email: mkv24@cornell.edu Phone: (845) 344-1234
Interview by phone 21 Feb 2019

Summary - Cornell Cooperative Extension of Orange County administers a gleaning program that works with 42 farmers/producers collecting excess produce and distributing to emergency food programs. On average they distribute approximately 275,000 pounds of produce per season. They also collaborate with other regional gleaning programs - Ulster Corps and Long Table Harvest. There is still unmet needs at pantries and distribution sites. Storage and increased infrastructure at pantries could increase capacity.

The Orange County branch of CCE runs a gleaning program that is grant funded through NYS Department of Health HPNAP (Hunger Prevention and Nutrition Assistance Program). They collaborate with other gleaning organizations - Ulster Corps and Long Table Harvest. Their program works with 42 farmers/producers collecting excess produce and use their 18' refrigerated box truck to deliver to 50 emergency food programs. They schedule their deliveries right before or during distribution hours to avoid the need for these programs to have refrigeration and storage. The program has been in operation for 16 years so there are long-standing relationships with both farms and pantries.

The gleaning program fits into the mission of CCE through community education and their work towards improving the health and quality of life of the community.

Although they have not done formal evaluations from the point of view of the clients served they do get feedback from the emergency food sites. Some of these sites don't partner with the food bank so the produce from the gleaning program is their only access to fresh food. They have heard from the pantries that there is greater selection, quality and variety than what they can often get from the food bank. Also - they know each site well and can tailor what they distribute to what the people picking up at each site tend to like. On average they are distributing about 275,000 pounds of produce per season. Megan acknowledges that their work is filling an immediate need, but not necessarily answering the question of food access on a systemic level.

Megan has questions about the sustainability of food recovery programs when they are dependent on grant funding. It is an expensive program to run particularly with operating our box truck. If they needed to buy a new truck today they wouldn't be able to. There is a fragility within the system being this dependent on a single funding source. Access is so dependent on the specific community and can be limited due to transportation, jobs that pay a livable wage, etc. There are many different reasons why people aren't able to get good food.

Challenges to their work include financial uncertainty that comes with dependence on one funding source. Also - work flow can be unpredictable. Sometimes there is not much to pick up and sometimes there is a lot. They have some consistent pick ups from farms, but also take calls during the day from farms when there is a lot to give. Ideally they would pick up Monday and Thursday and run distribution Tuesday, Wednesday and Friday.

Their current infrastructure is pretty good. 2018 was the first year where they had a full time year round program coordinator. Before then it was a seasonal program assistant from July to December so having a consistent employee has certainly helped. The gleaning still has not quite met the need for produce and pantries could take more. Storage is an issue at the sites and better infrastructure could increase capacity.

They are really open to working with more farms and want to make gleaning as easy as possible for the farmers.

Aliza Krevolin
Director of Special Projects at Community Foundations of the Hudson Valley
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Interview by phone 21 Feb 2019

Summary: Community Foundations of the Hudson Valley is a non-profit community foundation funding other non-profits and initiatives through partnerships with donors. According to Aliza at CFHV there is both a strong expressed need for funding for food access organizations such and a growing interest from donors to finance projects related to food insecurity. The Farm Fresh Food Initiative is a program of CFHV that offers grants of up to \$25,000 to organizations addressing food security. This initiative has helped fund free farm stand programs and increased the presence of fresh produce at food pantries.

Aliza Kremlin is the Director of Special Projects at Community Foundations of the Hudson Valley, a 501(c)3 community foundation that funds other non-profits and initiatives through partnerships with donors. They offer both non-competitive, donor-advised funds where the donor specifies where their investment will be placed and competitive grants that are open to anyone to apply. Dutchess, Putnam and Ulster counties are their primary area of focus, but their grantees have also been located in other counties of the Hudson Valley. CFHV makes a point to search out new, interesting initiatives and showcases giving opportunities to potential donors twice per year.

The overarching mission of CFHV is to support the Hudson Valley Community at large. Particularly in the competitive grant arena the question of food access has come up quite often largely through, but not limited to, applications from food pantries and emergency food programs. A few years ago CFHV was approached by a donor who was specifically interested in the question of food access, which led to the development of the Farm Fresh Food Initiative. The Farm Fresh Food Initiative made grants available of up to \$25,000 to projects and organizations working on addressing food security. This past year they were able to offer multi-year grants through 2020, which many potential grantees had been requesting.

Some examples of what this Farm Fresh Food Initiative were able to fund was a position at the Regional Food Bank to increase the connection between food pantries with local farms. This collaboration helped establish "Free Farm Stand" programs in Newburgh, Poughkeepsie and Kingston. It also led to the development of an added-value product Applehoni, a vegan honey-alternative, that is made from Hudson Valley apples and the proceeds of all sales go to the Regional Food Bank. Additionally, this funding helped create the FeedHV app, which connects gleaning and food donation opportunities with volunteers and food pantry/food programs. The Farm Fresh Food Initiative brought together grantees to connect resources and the different players within the community necessary to address food access and create a network of food security. The establishment of this initiative has made clear the need for the formation of a coalition to serve as a voice for local agriculture and food security on a regional level.

It has been hard for CFHV to measure the impact that their funding has achieved mainly because there is no across the board metrics that can accurately reflect the impact of the various initiatives that they fund. Instead they choose to look at impact on the individual level and their grantees report back to them about how they have been able to affect change with the help of CFHV funds.

Aliza identifies the barriers within food access being diverse and dependent on so many factors: urban vs. rural, age, education, access to transportation. That's why the competitive grants program and Farm Fresh Food Initiative is so exciting to them because "The grants process was so open that the applicants could address the barriers from where they were standing."

CFHV relies on covering people (farmers, food pantries, community members, educators) so they can tell us what they need and want in order for CFHV to bring that forward to their donors and utilize their connections within the funding world. CFHV needs information about what the community needs to help identify potential donors and direct funds where they are most needed.

CFHV works with so many different people and organizations. Particularly with their investments and initiatives related to food there is a real eagerness to help each other - more so than in other funder areas. People are more collaborative and can see the bigger picture which leads to really generous relationships. It has been a lot easier to get funding for this issue because donors can really see the need and importance to support farms and access to good food for all.

CFHV sees partnering with local farms as a necessary part of the equation not only because we have to support the people and places that are growing our food, but also because it is true that farmers are sometimes the ones utilizing the emergency food services in the region. Also - farming has to start being highlighted as a career path and there are many different educational initiatives in the region that are connecting youth to farms and food production. It would also be interesting to explore what cooperative models would look like within the future of farming.

Audrey Berman - Founder of Long Table Harvest
Contact - Email: audreymberman@gmail.com
Interview by phone - 13 Feb 2019

Heylan Tsumagari - Operations Manager
Contact - tsumagarih1@gmail.com
Interview in person - 22 Feb 2019

Summary - Long Table is a non-profit gleaning organization serving Columbia and Dutchess counties. LTH sees their work as offering a service that meets a short-term immediate need, but does not necessarily address the systemic issues of food access or food equity. LTH has many strong collaborative relationships including over 50 farms and 30 pantries, other regional gleaning programs and RG19, the newly established Hudson mobile market and grocery store.

Long Table Harvest was founded in 2016 with the help of the Hawthorne valley Association as a fiscal sponsor and grant funding through the Berkshire Taconic Foundations Fresh and Healthy Food for All initiative. LTH is a gleaning program that originally sourced from farms around Columbia County, but has since expanded into Dutchess County as well. LTH builds partnerships with local farms, picks up their excess produce and distributes it to food pantries and soup kitchens. LTH works with over 50 farms and 30 pantries across two counties.

After working on farms for many years Audrey had a sense of the abundance that was available on farms and aware that it could be put to better use. Their co-founder in the project had been working with low-income youth in Hudson so the connections that they both had were helpful in getting LTH off the ground. They first went to food pantries to see if they wanted produce in the first place. Most really wanted produce, but also faced limitations around refrigeration to keep produce fresh. Pantries are able to get produce from the Regional Food Bank, but there is an allotted amount. LTH supplements what they get from the food bank. Audrey feels that they have been able to meet the needs of the pantries, which feels good. There isn't too much or too little. Heylan, who runs pick up and distribution, says that "over time customer habits have shifted. Now people come deliberately for the produce. Farmers are happy for the service too - it is easy for them and makes them feel good."

LTH sees themselves as a reliable service provider to farms and pantry patrons although Audrey sees their work as "the low hanging fruit. We are not changing the system, but meeting emergency needs. Ultimately we need to work on more holistic solution." Heylan echoes this by saying that farmers can't do more than they already do. "Farmer's are doing enough by growing the food. We have to come up with creative ways to connect the system."

Although they are providing a necessary service ultimately Heylan questions the equitability of the poor getting second quality and expresses the need to find long term solutions to hunger. "Charity isn't equity." Ultimately she feels that it really requires the community caring about food equity.

Heylan has gotten to know the pantries well and can tailor what she distributes to each depending on what they like and use a lot of. LTH also put in time to develop tip sheets for different crops that people might be unfamiliar with to help them fully utilize the produce that was available.

Quotes -

"What we are doing is the low hanging fruit. We are not changing the system, but meeting emergency needs. Ultimately we need to work on more holistic solution." - AB

"Charity isn't equity." – HT

“Over time customer habits have shifted. Now people come deliberately for the produce. Farmers are happy for the service too - it is easy for them and makes them feel good.” - HT

“Farmer’s are doing enough by growing the food. We have to come up with creative ways to connect the system.” - HT

Joanne Dwyer - Director of Food Industry Relations (JoanneD@regionalfoodbank.net)
Carol Griffin - Food Industry Relations Coordinator (CGriffin@foodbankofhudsonvalley.org)
Paul Sterner - Director of Food Bank of the Hudson Valley (PSterner@foodbankofhudsonvalley.org)
Regional Food Bank of Northeast New York

Interview by phone - 08 Mar 2019

Summary -

The Regional Food Bank of Northeastern New York is located in Latham and provides food to emergency food programs in 23 counties of NYS. In 1990 the RFB also opened a branch facility in the lower Hudson Valley. The food bank has a strong relationship with both local farms - receiving donations from over 75 farms across the 23 counties it serves. Produce is distributed at food pantries and through 5 free farmer's market stands in the lower Hudson Valley. The number of people frequenting pantries continues to grow particularly in their backpack programs providing weekend and summer meals to qualifying families. The food bank also receives significant donations from corporate partners.

RFBNY has a strong relationship with the Farm Bureau and receives donations from over 75 to 80 farms across the counties it serves. Their Harvest for All program is a partnership with the American Farm Bureau and Feeding America. In 2018 they distributed 1.7 million pounds of donated produce across the 23 counties they serve. The majority are zero cost donations, but they do offer some "pick and pack out" funds to offset farmer costs.

Carol is responsible for visiting local farms to build relationships. Most often it is the "ugly or excess" produce that is donated. The food bank will pick up from farms and the farmer receives a receipt that they can then use for a tax deduction.

The food bank also works with 5 sites to operate a free farmers market stand. There are two sites in Kingston, one in Poughkeepsie, Newburgh and Monticello. They host five to nine markets a month and select the best product from the warehouse and deliver them to the farm stand site. Sites are chosen based on a centralized location so it is easy to deliver and for customers to access. The farm stands provide the staffing and marketing. The Food Bank provides the tables and produce. Customers can take one or two of each item and the markets are generally well attended.

The focus on fresh food in pantries has really grown since 1996 when the food bank started to develop a produce program. There is also growing consumer consciousness around food waste so the corporate partners of the food bank all have a certain level of interest in how they are responsibly dealing with waste. In 2011 they picked up 2 million pounds of corporate donations compared to last year when they picked up 14 million pounds from 17 retailers across 224 stores. The food bank has 8 trucks on the road daily picking up from retail stores.

The food bank could still take more produce from both corporate and farm partners by building the capacity of pantries to take more fresh food.

Joanne says that there are definitely more people going to pantries and in particular they have seen their backpack program offering weekend and summer meals grow in recent years.

Paul makes the point particularly to donors that "When you see growth in the economy you have to remember that a good economy doesn't affect everyone equally."

Rachel Schneider

Co-founder of Institute for Mindful Agriculture and Project Coordinator for Rolling Grocer 19

Contact - Email: rachel@hawthornevalleyfarm.org Phone: (518)653-5975

Interview in person - 07 March 2019

Summary - RG19 is a collaboration between Hawthorne Valley Association and Long Table Harvest with funding provided by the Berkshire Taconic Foundation. It is a full-service mobile market and grocery store serving Hudson and eventually expanding into New Lebanon. The HVF Farscape Ecology Program administered a Rural Food Access Report that helped to determine where project efforts would be focused. Rachel Schneider's strongest recommendation based on her experience was that any solution cannot be one size fits all and that each community will have their unique challenges. Each community has to determine the best solutions to meet their needs and many voices need to be at the table in order to achieve lasting change.

Rolling Grocer 19 is a mobile market utilizing a tiered payment system that serves the City of Hudson. It launched in the late summer of 2018 as a collaborative project between Hawthorne Valley Association and Long Table Harvest with funding by the Berkshire Taconic Foundation. RG19 is a full-service grocer that works with the local farmers and producers as well as larger distributors through the HV Farm Store. RG19 started out as a 16' trailer delivering to multiple points in Hudson, but recently also opened a store front in Hudson and will soon expand to work with New Lebanon.

The goal of the project is to make wholesome food at a fair price more accessible to residents of Columbia County and to address the double affordability gap. The double affordability gap refers to the fact that small to mid-scale farmers who are prevalent in the county are barely making a living. There is a desire from farmers to serve more people more locally, but largely have to depend on niche marketing with a focus on NYC because of the higher revenue potential. Simultaneously, underserved communities want good food, but they can't afford it.

The grant that initiated the project was awarded in 2016. The first step in the project was a rural access report conducted by Anna Duhon of the Farmscape Ecology Program at HVA to discern who was not being served. The second step was to develop community groups who would develop localized solutions to their specific food access problems. These community corps were developed through informal connections and assembled to be representative of the each individual community. Stipends for people to attend meetings twice per month for 2 years was factored into the budget to help increase participation.

The RG19 trailer was operating from September through December before closing for a few months due to weather related issues (now re-opened). In that time they registered 500 customers into their system. New customers are asked to enter their information and choose their pricing tier based on their household income, but also based on lifestyle prompts that help customers gauge the most appropriate tier. The system remains as anonymous as possible and people are able to move around the tiered system if their financial situation changes. Approximately half registered at the lowest income tier. The other 250 customers registered in either the middle/high tier, which subsidized the lower tier. Every item at RG19 has three displayed prices that correspond to the three tiers.

Rachel says that people want good food, but they don't think they can afford it. Pricing is everything. RG19 determines their prices by looking around at what other places are charging including big box grocery stores. Sometimes they have to lower the wholesale price because you can only charge what people can pay. Prices are adjusted based on feedback from customers. But what RG19 does not want to do is undercut farmers in the process. When they approached Ironwood Farm for greens the farmers anticipated that RG19 would want some sort of deal in pricing, but RG19 asked simply for the wholesale price.

Working with the Hawthorne Valley Farm Store allows RG19 to get bulk prices through larger distributors. HVFS does all the bagging and tagging of products that go to the trailer so in a way their labor is subsidizing the most of RG19 products as well. HVFS serves as a food hub for the different initiatives of RG19.

In particular through the feedback of the community groups it was discovered that people are really looking for high quality proteins - meat, fish and dairy. "Part of the challenge of CSA," according to Rachel, "is that it is usually mostly vegetables and doesn't satisfy the full dietary needs. People need choice. They have few dollars to spend and are often subjected to a systemic lack of choice. The limitations posed by the traditional CSA model can often reinforce those feelings. Sensitivity to cultural food needs and preferences is also really important and often CSA offerings don't include crops that many of the demographics that we serve are used to eating."

In terms of food access, Rachel acknowledges food pantries as a necessary emergency option, but people do want to buy food and they want healthy options. Rachel stresses the importance of finding specific solutions for each individual community. She says, "The question of food access is not one size fits all. What the community needs in Hudson is not the same as what is needed in New Lebanon. Communities know best what they need and it takes a lot of work, but you need to start from square one with each new place to really understand the barriers in each specific place." For instance, in Hudson the mobile market was the clear answer. In general, the community feedback was that the farmer's market was not where people wanted to shop and there was not an interest on the part of the farmers market to partner with RG19. Whereas in New Lebanon, the farmers market is really open to collaboration particularly on staple items not currently being sold. They also really want a store front since the closest grocery store is 30 minutes away.

Rachel is not convinced that CSA is right model to address food access, but that the coalition could be well poised to organize around aggregation at food hubs and provide vegetables to institutional accounts like schools and hospitals where good food is really needed, but currently lacking. She stresses that the coalition needs to have representation of the consumer and that we can't be a coalition made up simply of CSA farms.

Quotes -

"The double affordability gap refers to the fact that small to mid-scale farmers who are prevalent in the county are barely making a living. There is a desire from farmers to serve more people more locally, but largely have to depend on niche marketing with a focus on NYC because of the higher revenue potential. Simultaneously, underserved communities want good food, but they can't afford it. We work on filling the gap between what people can pay versus what farmer's need to make."

"Part of the challenge of CSA is that it is usually mostly vegetables and doesn't satisfy the full dietary needs. People need choice. They have few dollars to spend and are often subjected to a systemic lack of choice. The limitations posed by the traditional CSA model can often reinforce those feelings. Sensitivity to cultural food needs and preferences is also really important and often CSA offerings don't include crops that many of the demographics that we serve are used to eating."

"The question of food access is not one size fits all. What the community needs in Hudson is not the same as what is needed in New Lebanon. Communities know best what they need and it takes a lot of work, but you need to start from square one with each new place to really understand the barriers in each specific place."

Beth Albright
Volunteer Coordinator at Ulster Corps
Contact - Email: beth@ulstercorps.org Phone: 845-481-0331

Interview by phone 4 Mar 2019

Summary - Ulster Corps is a non-profit whose mission is to be a resource for fostering a culture of volunteerism, collaborative work and community service. The Farm to Food Pantry collaborative is a partnership between Ulster Corps, Family of Woodstock and the Rondout Valley Grower's Association that works on addressing food insecurity in their region. Ulster Corps helps to organize volunteers to glean and process excess produce to distribute to area food pantries. They have also started to develop mini-food hubs across the county to serve small groups of pantries as a way of sharing infrastructure and decreasing transport costs.

Ulster Corps is a non-profit whose mission is to be a resource for fostering a culture of volunteerism, collaborative work and community service. They have a number of collaborative projects focused on food access through the Farm to Food Pantry collaborative. The Farm to Food Pantry collaborative is a partnership between the Rondout Valley Grower's Association representing farmers, Ulster Corps representing volunteers and the Family of Woodstock representing pantries. Since its beginning in 2009 the collaborative has gleaned and distributed over 400,000 pounds of food across the county. In addition to gleaning, Ulstercorps coordinates volunteers to help process and freeze excess produce at the Community Action kitchen in Kingston to have it available to pantries in the winter months.

They have also started to develop food hubs across the county in key locations to serve four to five food pantries. These hubs will decrease waste, improve food quality and decrease transportation costs for the local pantries. These hubs consist of a network of freezer and walk in coolers that pantries have access to and can pick up from whenever they want. Most of them are cool-bots so highly efficient and were funded through Community Foundations of the Hudson Valley.

Originally Ulstercorps had started working with larger commercial growers on produce that had been picked but was not marketable, but their relationship with small farms has grown. In general CSA farms seem more open to gleaning than commercial growers. Beth had thought about setting up weekly gleaning times to source CSA shares, but farms did not seem as open to that. Some pantries will use funds to purchase CSA shares to source produce.

They collaborate closely with both Audrey from Long Table harvest and Stiles from CCE orange county.

Beth says that it can be hard to place certain kinds of vegetables, but that things have shifted over time. Since produce has been consistently available people are more willing to try new things. Pantries are able to select the type of produce that they want tailored specifically to their customers.

Ulster corps has developed a relationship with Community Action Program of Greene County to try to establish gleaning programs there as well since it seems like an underserved area both in terms of farm pick up, but also access to food.

They have a strong relationship with the Food Hub and Row by Row program through Cornell as another source for produce.

STATE WIDE

ORGANIZATION NAME	ORGANIZATION SUMMARY
United Way	Non-profit offering funding to support community initiatives including poverty reduction and food access. Has funded projects establishing direct connection between farms and food pantries.
Eat Smart New York	Nutrition education and obesity prevention program funded through the USDA'S SNAP Nutrition Education (SNAP-ed).
Hunger Prevention and Assistance Program (HNNAP)	Government program providing funding to improve the quality of food distributed to emergency food relief Nutrition organizations in NYS.
Cornell Cooperative Extension	Non-profit subordinate government agency with educational mission offering agricultural assistance, nutrition education promotion, food and nutrition workshops and gardening assistance and resources. Promotes/administers ESNY program and food assistance services. CCE – Orange County administers a gleaning program
Department of Social Services	Government programs providing services and benefits to eligible individuals and families such as SNAP, nutrition education, WIC, school and summer food programs.
Department of Health	Local health department promoting and protecting individual and community health. Many county DOH branches have identified obesity, nutrition and chronic illness as a focus for their health initiatives.
Hunger Solutions NY	Government institution that connects individuals and organizations to hunger resources. They help fund organizations to provide education, support and application assistance for federally funded nutrition assistance programs as well as advocating for effective legislation and policy.
Hunger Action Network NYS	Membership organization representing emergency food providers, individuals and organizations through grassroots organizing, policy research, education and advocacy.
NY State Council – Hunger and Food Policy	Advisory council to the state on strategies, programs and policies for addressing hunger needs and increasing the access to fresh, locally grown food

ALBANY COUNTY

ORGANIZATION NAME

ORGANIZATION SUMMARY

A Village Inc.	Non-profit addressing food access in the South End of Albany through South End farmers market, community gardens, youth summer job training, environmental health initiative, nutrition and exercise classes. Collaborates with Radix Center on various initiatives including South End farmers market.
South End Children's Café	Non-profit offering community meals + after-school support services in the South end of Albany.
Regional Food Bank of New York*	Food bank that collects large donations from the food industry and distributes to other food relief agencies Northeast across 23 counties from Plattsburgh to Newburgh. They offer a backpack and summer food service program, mass distribution and mobile market, school pantry program and nutrition education. They also have a farm and CSA program.
Radix Center	Education center promoting ecological literacy and environmental stewardship through classes and workshops, youth employment program, urban growing and CSA program. Collaborates with A Village Inc. to run the South End farmer's market
The Food Pantries for the Capital District	Coalition of food pantries in Albany, Rensselaer, Saratoga and Schenectady counties providing funding, delivery, coordination of services and food drives, and education/training to member pantries.
Healthy Capital District	Non-profit developing and promoting initiatives to address public health issues

GOVERNMENT RELATED AGENCY/PROGRAMS

WIC OFFICES

Albany Medical WIC, Albany
Whitney M. Young Jr. Health Center, Inc., Albany
Cohoes WIC Clinic – Vineyard Community Church, Cohoes

ALBANY COUNTY

FOOD PANTRIES

Albany Community Action Partnership-Cohoes Outreach
Altamont Community Food Pantry
Arbor Hill Community Center
Bethlehem Food Pantry
Blessed Sacrament Parish
Cathedral Social Services
Christ Our Light
First Church in Albany
FOCUS Interfaith Food Pantry
Guilderland Food Pantry
The Help Center at Capital Church
Hilltowns Community Resource Center
Immaculate Heart of Mary Food Pantry
Israel AME Church
Mater Christi Food Pantry
New Horizons Christian Church
New Scotland Community Food Pantry
Onesquethaw Reformed Church
Sacred Heart Outreach
Salvation Army Food Pantry-Albany
Salvation Army Food Pantry-Cohoes
St. Ambrose
St. Clare's Food Pantry
St. James Food Pantry
St. John's/St. Ann's Center
St. Mary's Outreach
St. Vincent's Food Pantry
"The Pantry" @ St. Patrick's
Sister Maureen Joyce Food Pantry
Trinity Alliance of the Capital Region
Trinity United Methodist Church
United Church of Cohoes
Venture Churches

FARMER'S MARKET - FMNP

** Accepts SNAP*

Route 50 Green Market, Burnt Hills
CDPHP Farmer's Market, Albany
Delaware Community Farmer's Market, Albany*
Downtown Albany Farmer's Market, Albany
Empire State Plaza Farmer's Market, Albany*
New Covenant Farmer's Market, Albany
South End Farmer's Market, Albany*
Clifton Park Farmer's Market, Clifton Park
Colonie Farmer's Market, Loudonville
Delmar Farmer's Market, Delmar*

Mechanicville Farmer's Market
Schenectady City Hall Farmer's Market*
Schenectady Greenmarket*

Voorheesville Farmer's Market
Waterford Harbor Farmer's Market
Barber Family Farm Stand, Guilderland*
Altamont Farm Stand, Altamont
Altamont Orchard Farm Stand, Altamont
Kristy's Barn Farm Stand, Castleton
The Gade Farm Farm, Altamont
The Farmer's Wagon Farm Stand, Clifton Park
Barber Family Farm Stand, Middleburgh
Constantine Farm Stand, Loudonville
Lansing Farm Market, Lisha Kill
Bowman Orchard Farm Market, Rexford
St. Luke's Church Farm Stand, Schenectady

Burhmaster Farm Stand, Scotia

ALBANY COUNTY FARMS

FARM NAME

FARM SUMMARY

Denison Farm, Schaghticoke

164 acre organic farm offering vegetables, fruit, eggs and flowers. Low-income and working shares available. Pick up on farm or various locations around Capital Region.

Soul Fire Farm, Grafton*

72 acre organic vegetable farm offering organic vegetable CSA through homey delivery and group pick up sites in Albany, Troy and on-farm in Grafton. Home delivery is offered in neighborhoods identified as food insecure. Free “solidarity” shares offered as well as sliding scale payments and SNAP/EBT.

Patroon Land Farm, Latham*

180 acre farm managed by the Regional Food Bank of Northeastern NY growing for 400-500 CSA members per season and 100,000+ pounds of produce donated to food bank. Shares are sold at “full” price to help subsidize the produce donations.

COLUMBIA COUNTY

ORGANIZATION NAME

ORGANIZATION SUMMARY

Rolling Grocer 19*	Non-profit, full line grocery retail store and mobile market servicing various locations in the city of Hudson utilizing a tiered pricing system and accepting SNAP, EBT and Fresh Connect benefits
Long Table Harvest*	Non-profit gleaning operation organizing pick-up of excess produce donations from farms and businesses in Columbia + Dutchess County and distributing to food pantries. Collaborates with CCE-Orange County gleaning program
River City Gardens	Initiative of the Kite's Nest education center in Hudson that offers garden, environmental education and community meals
Sylvia Center	Non-profit offering nutrition and cooking classes as well as farm visits. Grantee of Berkshire Taconic Foundation
United Way of the Greater Capital Region	Non-profit offering funding to support community initiatives including poverty reduction and food access.
HV Agri-business Development Corporation	Non-profit supporting the local food economy through agricultural development support, technical assistance project planning and development, feasibility analysis, funding and capital access.
Hawthorne Valley Association	Non profit organization that serves as the fiscal sponsor for Long Table Harvest, Good Food for Hudson and Rolling Grocer. HVA'S Institute for Mindful Agriculture has been a collaborator in developing initiatives related in food access in the county.
Berkshire Taconic Foundation	Public charity that provides funding for various non-profits including a Fresh and Healthy Food for All initiative.

GOVERNMENT RELATED AGENCY/PROGRAMS

WIC OFFICES

Catholic Charities of Columbia and Greene County, Hudson

COLUMBIA COUNTY

FOOD PANTRIES

Alight Pregnancy Care Center
Alliance for Positive Health
Berkshire Farm Center
Catholic Charities of Columbia/Greene
Charlie's Pantry
Chatham Area Silent Pantry
Church of St. Joseph Food Pantry
Columbia County Domestic Violence Shelter
Columbia Opportunities Food Pantry
Columbia Opportunities Head Start
Elizaville Food Pantry
First Presbyterian Summer Lunch

FOOD PANTRIES CONTINUED

Germantown Community Cupboard
Ghent Food Pantry
Hudson Day Care Center, Inc.
Hudson Department of Youth Afterschool
Hudson Terrace Apartments
In Flight Inc.
Mellenville Philmont Food Pantry
Mental Health Association of Columbia-Greene
Neighbors Helping Neighbors Food Pantry
Rock Solid Church Food Pantry
Salvation Army – Hudson Food Pantry
Salvation Army – Hudson Soup Kitchen
Twin County Recovery Services/Red Door
Valatie Ecumenical Food Pantry
Zion Community Food Pantry

FARMER'S MARKET - FMNP

Catskill Farmer's & Artisans Market
Chatham Farmer's Market
Copake Hillsdale Farmer's Market*
Hudson Farmer's Market*
Kinderhook Farmer's Market

New Lebanon Farmer's Market*
Rhinebeck Farmer's Market*
Saugerties Farmer's Market*
Scarecrow Farm Stand, Claverack
Martin's Farm Fresh Stand, Hudson

COLUMBIA COUNTY FARMS

FARM NAME

FARM SUMMARY

Lineage Farm , Ghent* (Good Food for Hudson)	Lineage Farm grows the produce for Good Food for Hudson – offering free CSA shares to low income Hudson residents.
Roxbury Farm, Valatie	Offers subsidized shares through member donations.
Abode Farm, New Lebanon	Offers a sliding scale CSA payment that subsidizes lower cost shares and accept SNAP for CSA payment
Hawk Dance Farm, Hillsdale	Accepts SNAP for CSA payment
Hearty Roots Farm	Accepts SNAP/EBT for CSA payment as well as subsidized shares.
Letterbox Farm	Accepts SNAP/EBT for CSA payment
Little Seed Gardens	Offers subsidized CSA shares
Woven Stars Farm	Accepts SNAP/EBT for CSA shares – meat, eggs and mushroom CSA

DUTCHESS COUNTY

ORGANIZATION NAME

ORGANIZATION SUMMARY

Community Food Project	A multi-faceted initiative sponsored by the Northeast Community Center in Millerton, NY to increase access to fresh food in northeastern Dutchess county through an initial community food assessment, fresh food pantry and CSA program, community gardens, summer meal program, youth employment, produce incentive program and administration of the Millerton farmers market.
Poughkeepsie Farm Project*	A non-profit farm with an educational mission focused on food production, farmer training and increased food access in the City of Poughkeepsie
Dutchess Outreach	A non-profit addressing food access in Poughkeepsie, NY through a community meal program, mobile market, food pantry, urban garden and free farm stand. Collaborates with Poughkeepsie Plenty Coalition
Feed HV	Regional food rescue and harvesting network utilizing a mobile app (Chow Match) to link producers, volunteers and food relief programs. Grantee of
Local Economies Project	A non-profit offering grant funding and program development to other organizations working on food justice, ecological farming, community and land stewardship and the food economy
Poughkeepsie Plenty Food Coalition	Coalition addressing community health and food security through research, planning, outreach and education. Worked in collaboration with Dutchess Outreach to launch mobile market.
Second Chance Foods	Non-profit food collection and gleaning organization that collects, processes and distributes food donations to relief programs.

GOVERNMENT RELATED AGENCY/PROGRAMS

WIC OFFICES

Hudson River Healthcare, Inc., Poughkeepsie

DUTCHESS COUNTY

FOOD PANTRIES

Berkshire Farm Dutchess Group Home
Beulah Baptist Church Soup Kitchen
CAP for Dutchess County – Beacon Food Pantry
CAP for Dutchess County – Dover Plains Food Pantry
CAP for Dutchess County – Poughkeepsie Food Pantry
CAP for Dutchess County – Red Hook Food Pantry
Center of Compassion Food Pantry
Children’s Home
Community Resource Service Center
Daytop Village Inc.
Dutchess Outreach Food Pantry
Dutchess Outreach Lunch Box
Ebenezer Baptist Church Food Pantry
Exodus Transitional Community
First Presbyterian Church of Wappingers Falls Food Pantry
Fishkill Food Pantry
Food of Life Pantry
Gannett House
God’s Helping Hands Food Pantry
Grace Smith House
HLPC Missions Supper Kitchen
House of Faith Ministry, Inc.
Hudson Valley Community Services
Hyde Park Food Pantry
Jayne Brooks Memorial Food Pantry
Jewish SA Coalition
Joseph’s House Poughkeepsie
Kids R Kids Feeding Program
Love Reaches Out Food Pantry
Mid-Hudson Addiction Recovery Centers, Inc.
Mother’s Cupboard Food Pantry
New Hope Manor Community Residence
No Strings Attached Food Pantry

FARMER’S MARKETS

**** Accepts SNAP***

Beacon Farmer’s Market*
Putnam Hospital Center Farmer’s Market
Cornwall Farmer’s Market
Village of Fishkill Farmer’s Market
Cold Spring Farmer’s Market*
Kingston Farmer’s Market*
Millerton Farmer’s Market*
Newburgh Mall Farmer’s Market*
Pawling Farmer’s Market
Poughkeepsie Waterfront Market
Rhinebeck Farmer’s Market*
Rosendale Farmer’s Market*
Woodstock Farm Festival Farmer’s Market*
Share the Bounty Farm Stand, Amenia *
Z Farms Farm Stand, Dover Plains
Kingston YMCA Farm Stand *
Dykeman Farm Farm Stand
Dutchess Outreach Fresh Market Farm Stand *
Obercreek Farm Stand

DUTCHESS COUNTY
FOOD PANTRIES CONTINUED

Nubian Directions II, Inc.
Pathstone
Pine Plains Community Food Locker
Pleasant Valley Ecumenical Food Pantry
RCCG Restoration Arena Food Pantry
Reach Out and Touch Food Pantry
Reach Out Food Pantry
Red Hook United Methodist Church Food Pantry
Rhinebeck Reformed Church Food Pantry
River Haven I.L.S. Food Pantry
River Haven
Safe Haven Pet Food Pantry
Salvation Army – Beacon Senior Program
Salvation Army – Beacon Food Pantry
Salvation Army – Poughkeepsie Breakfast Program
Salvation Army – Poughkeepsie Food Pantry
Special Needs Parenting Program
St. Columba Church Food Pantry
St. Paul's Poughkeepsie Food Pantry
St. Vincent De Paul Society
St. Andrew's/St. Luke's Food Pantry
The Pantry @ DCC – Dutchess
The Potter House Food Pantry
Trinity Temple Food Pantry
Trinity United Methodist Church Food Pantry
Verbank Holiday Basket Program
Webster House
Zion Episcopal Church Food Pantry

DUTCHESS COUNTY FARMS

FARM NAME

FARM SUMMARY

Rock Steady Farm, Millerton*

Accepts SNAP/EBT, offers subsidized shares and delivers to low-income and underserved communities locally and in NYC.

Common Ground Farm, Wappingers Falls*

Accepts SNAP/EBT for their on farm U-PICK CSA. Part of a larger non-profit focused on food justice and education.

Full Circus Farm, Pine Plains

Offers subsidized CSA shares

Hearty Roots Community Farm, Germantown

Accepts SNAP/EBT for CSA payment and offers subsidized CSA shares

Poughkeepsie Farm Project, Poughkeepsie*

Accepts SNAP/EBT for CSA payments and offers subsidized CSA shares

Sisters Hill Farm, Corbin Corners

Offers subsidized CSA shares

GREENE COUNTY

ORGANIZATION NAME

ORGANIZATION SUMMARY

Community Action Program of Greene County Non-profit offering community wellness services and emergency food assistance. Partners with Ulstercorps on gleaning initiatives.

Catskill Community Center Non-profit offering community services for youth and adults. Administers the Catskill Farmer's Market.

GOVERNMENT RELATED AGENCY/PROGRAMS

WIC OFFICES

Catholic Charities of Columbia and Greene County, Hudson

FOOD PANTRIES

Athens Community Food Pantry
Cairo Food Pantry
Catholic Charities of Columbia/Greene – Catskill
Community Action of Greene County Food Pantry
Coxsackie Community Pantry
God's Storehouse Food Pantry
Greene County Domestic Violence
Greenville Food Pantry
High Hill Food Pantry
Hope's Mission
In Flight Inc.
Jewett Food Pantry
Matthew 25 Food Pantry
Matthew 25 Power Pak
Mental Health Association of Columbia Greene County
Prabhujji Mission Food Pantry
Prattsville Community Church Food Pantry
Twin County Recovery – Catskill
Ulster-Greene ARC
Windham Community Food Pantry

FARMER'S MARKETS - FMNP

Catskills Farmer's and Artisan Market, Catskill
Black Horse Farm Farm Stand, Coxsackie
Bulich Creekside Farm Stand, Leeds

GREENE COUNTY FARMS

FARM NAME

FARM SUMMARY

Black Horse Farms, Athens

Offers a customizable share with pick-up in Catskill. Accepts SNAP/EBT

ORANGE COUNTY

ORGANIZATION NAME

ORGANIZATION SUMMARY

Food Bank of the Hudson Valley

A branch of the Regional Food Bank of Northeastern New York serving the lower Hudson Valley. 50,000 square foot warehouse located in Cornwall on Hudson.

GOVERNMENT RELATED AGENCY/PROGRAMS

CCE – Orange County*

In addition to standard CCE programs the Orange County branch runs a gleaning program connecting local farms to food pantries.

Healthy Orange

Coalition of agencies addressing obesity and chronic disease through public programs and initiatives

WIC OFFICES

The Greater Hudson Valley Family Health Center, Inc., Newburgh

Middletown Community Health Center, Port Jervis

FOOD PANTRIES

Access: Supports for Living Food Pantry
Alamo Farmworkers Community Center
Backpack Snack Attack
Boys & Girls Club of Newburgh
Braeside Camp
Bridges of Greater New York
Chester Presbyterian Pantry
Cornwall Presbyterian Church
Country Kids 4H Food Pantry
Crystal Run Village, Inc.
Easter Seals Food Pantry
Ebenezer Baptist Church Soup Kitchen
Ebenezer Baptist Food Pantry

FARMER'S MARKETS - FMNP

*** Accepts SNAP**

Cornwall Farmer's Market
Florida NY Farmer's Market
Goshen Farmer's Market
Middletown Farmer's Market
Village of Monroe Farmer's Market
Healthy Orange Farmer's Market, Newburgh*
Newburgh Mall Farmer's Market
Port Jervis Farmer's Market*
Warwick Valley Farmer's Market*
Pine Bush Farmer's Market

ORANGE COUNTY

FOOD PANTRIES CONTINUED

Ecclesia Ministries 'Our House'
Emergency Housing Adult Shelter
Newburgh Tabernacle Soup Kitchen
Operation Compassion Food Pantry
Orange AHRC
Orange County Veteran's Food Pantry
Exodus Transitional Community – Newburgh
Faith Tabernacle Food Pantry
Fed By Grace Food Pantry
Firefighters Helping Friends Food Pantry
First Assembly of God Food Pantry
First Presbyterian Church of Monroe Food Pantry
Florida Community Food Pantry
Good Samaritan Food Pantry
Goodwill Church Food Pantry
Goshen Ecumenical Pantry, Inc.
Grace United Methodist Food Pantry
Greater HV Family Health Center
Greenwood Lake Food Pantry
Guild of St. Margaret Soup Kitchen
Holy Deliverance Apostolic Temple Food Pantry
Holy Innocents Food Pantry
Holy Name of Jesus Food Pantry
HONORehg After Hours Food Pantry
HONORehg Youth Shelter
Hope Center Food Pantry
Humane Society of Walden
HVCC Food Cupboard
Hudson Valley Community Services
Joseph's Closet Food Cupboard
Kiryas Joel Community Council Food Pantry
Life Restoration Church Food Pantry
LINKS Aftercare Program

RECAP New Life
Sacred Heart Parish Outreach
Safe Homes of Orange County
Salvation Army – Middletown Food Pantry
Salvation Army – Newburgh Soup Kitchen
Salvation Army – Newburgh Food Pantry
Salvation Army – Port Jervis Food Pantry
Seventh Day Adventist Food Pantry
Shepherd's Kitchen
St. Francis of Assisi Parish Food Pantry
St. George's Church Food Pantry
St. Mary's Food Pantry
St. Patrick's Soup Kitchen
St. Paul's Mission
St. Peter's Lutheran Church Food Pantry
Stephen Saunders Residence
The Center for Recovery
TOUCH Nutrition Program
Town of Montgomery Food Pantry
Trinity House Food Pantry
Union Presbyterian Church Food Pantry
Valley Central Backpack Snack Attack
Warwick Community Bandwagon
Warwick Community Kitchen
Warwick Ecumenical Food Pantry
Our Father's Kitchen Food Pantry
Pathstone – Middletown Food Pantry
Pine Bush Ecumenical Food Pantry
Project L.I.F.E.
Newburgh Tabernacle Food Pantry
Youth Empowerment Center

ORANGE COUNTY FARMS

FARM NAME

FARM SUMMARY

Peace and Carrots Farm, Chester

Offers subsidized shares

Dirty Boots Farm, Chester

Offers subsidized and no-cost CSA shares to NYC membership.

PUTNAM COUNTY

ORGANIZATION NAME

ORGANIZATION SUMMARY

NON-PROFITS

Hillside Food Outreach

A non-profit offering home food delivery to those living at or under the poverty level and unable to access local pantries.

GOVERNMENT RELATED AGENCY/PROGRAMS

Live Health Putnam

Coalition of representatives from Putnam County organizations and an initiative of the Department of Health focused on chronic disease prevention

WIC OFFICES

Putnam County Health Department WIC clinic, Brewster

FOOD PANTRIES

Brewster Community Food Pantry
Delancey Street Foundation
Gilead Food Pantry
Green Chimneys
Hillside Food Outreach
Patterson Presbyterian Food Pantry
Philipstown Food Pantry
Putnam Community Action Program Food Pantry
Putnam Community Action Program Soup Kitchen
Putnam Valley Community Food Pantry
Salvation Army – East Putnam Food Pantry
San Damiano
St. Christopher's Inn
St. John the Evangelist Food Pantry
Walter Hoving Home
Women's Resource Center

FARMER'S MARKETS - FMNP

*** Accepts SNAP**

Putnam Hospital Center Farmer's Market, Carmel
Cold Spring Farmer's Market*

PUTNAM COUNTY FARMS

FARM NAME

FARM SUMMARY

Ryder Farm, Brewster

Offers subsidized CSA shares through sliding scale payments

Glynwood Farm, Cold Spring

Offers subsidized CSA shares through Philipstown Food Pantry, accepts SNAP for CSA payments and offers alternative payment plans

RENSALLEAR COUNTY

ORGANIZATION NAME

ORGANIZATION SUMMARY

Capital Roots

A non-profit addressing food access and poor nutrition in Albany, Rensselaer, Saratoga, Schenectady counties through mobile markets, community gardens, gleaning and donation program, an urban farm, youth job training program, healthy stores and vending programs, Veggie RX program, online farmer's market and nutrition education.

GOVERNMENT RELATED AGENCY/PROGRAMS

WIC OFFICES

Commission on Economic Opportunity, Troy

FOOD PANTRIES

820 River Street Programs

Bethany at Unity House

Boys and Girls Club – Lansingburgh

Boys and Girls Club – Rensselaer

Boys and Girls Club – Troy

Brunswick Cares Food Pantry

Camp Scully

Catholic Charities

CONSERNS-U

Continuing Treatment Services

Doors of Hope

Faith and Love Fellowship Food Pantry

Family Benevolence Services, Inc.

Hoosick Area Church Association Food Pantry

Hope 7 Community Center

Hudson Mohawk Recovery Center

Italian Community Center Soup Kitchen

Joseph's House

Living Resources, Inc.

FARMER'S MARKETS - FMNP

*** Accepts SNAP**

East Greenbush Farmer's Market

Troy Farmer's Market*

Capital Roots Produce Market*

RENSSELAER COUNTY

FOOD PANTRIES CONTINUED

- Mt. Ida Community Baptist Church Meal
- Mt. Ida Food Pantry
- Nassau Resource Center
- Pittstown Area Food Pantry
- Provisions Food Pantry/Victorious Life Church
- REACT, Inc.
- Rensselaer County CEO Food Pantry
- Roarke Center
- Salvation Army – Troy Food Pantry
- Salvation Army – Troy Soup Kitchen
- St. Augustine’s Food Pantry
- St. Joseph’s Church Troy
- St. Paul’s Center
- Stephentown Emergency Food Pantry
- The Anchor
- The Gathering Place
- TLP Food Pantry
- Troy Damien Center
- Unity House Programs
- Unity House Street Ministry Food Pantry
- Wildwood Programs
- YWCA – Troy Community Meal
- YWCA – Troy Food Pantry

RENSALLEAR COUNTY FARMS

FARM NAME

FARM SUMMARY

Soul Fire Farm*	Offers sliding scale CSA shares and free of charge solidarity shares for immigrants, refugees and victims of state violence. Home delivery available to low-income, under served neighborhoods in Albany and Troy
2 nd Street Farm*	Urban farm in Troy offering sliding scale CSA shares and accepts EBT/barter for payment
Edible Uprising Farm	Urban farm in South Troy offering subsidized CSA shares

ROCKLAND COUNTY

ORGANIZATION NAME

ORGANIZATION SUMMARY

Rockland Community Hunger Network of food relief programs providing food source information and food-related services, education and Against outreach about county wider hunger and mobilizes support from public and private resources.

Rockland Farm Alliance Non-profit focused on farm land conservation. Parent organization of Cropsey Community Farm.

GOVERNMENT RELATED AGENCY/PROGRAMS

WIC OFFICES

Rockland County Health Department, Pomona

FOOD PANTRIES

B.R.i.D.G.E.S

Beth Rapha's Outreach Program

Capabilities Partnership Food Pantry

Catholic Community Services of Rockland

Center for Safety and Change

Charismatic Church Outreach Food Pantry

Christ Church of Ramapo Soup Kitchen

Crystal Run Village, Inc.

Fairmount Baptist Church Food Pantry

French Speaking Baptist Church Food Pantry

Haverstraw Parent Group Food Pantry

Hudson Valley Community Services

Iglesia La Mision Food Pantry

Immaculate Conception Care and Concern Ministry

Loeb House, Inc.

Macedonia Baptist Food Pantry

Mental Health Association of Rockland

MLK Multipurpose Center Afterschool Program

FARMER'S MARKET - FMNP

** Accepts SNAP*

Haverstraw Farmer's Market

Nyack Farmer's Market*

Piermont Farmer's Market

Spring Valley Farmer's Market*

Clarkstown Farmer's Market

ROCKLAND COUNTY
FOOD PANTRIES CONTINUED

MLK Multipurpose Center Food Pantry
Mt. Zion Sanctuary Food Outreach Soup Kitchen
North Rockland Food Pantry @ Trinity UMC
Nyack F.O.O.D. Program Food Pantry
Nyack Headstart
Nyack Parent Group Food Pantry
Open Arms
Open Bible Church Food Pantry
People to People Food Pantry
Pilgrim Baptist Church Food Pantry
Project Hope Food Pantry
Ramapo All Nations Food Pantry
Redeeming Love Community Outreach
Rhoda Bloom Food Pantry
Rockland Community College Food Pantry
Rockland Interfaith Breakfast
Salvation Army – Spring Valley Food Pantry
Sinai French SDA Community Services Food Pantry
Sloatsburg Food Pantry
Spring Valley Headstart
Spring Valley Parent Group Food Pantry
Spring Valley SDA Church Food Pantry
St. Ann's Food Cupboard
St. John Deliverance Tabernacle Inc. Food Pantry
St. Paul's Community Dinner
St. Paul's Episcopal Church
St. Paul's Parish Pantry
St. Peter's Food Pantry
St. Stephen's Food Cupboard
STLC Foundation, Inc.
Summit Children's Residence
Tomche Shabbos of Rockland County
TOUCH

ROCKLAND COUNTY

FOOD PANTRIES CONTINUED

UMC of Spring Valley Food Pantry

Upper Room House of Worship Food Pantry

West Street Parent Group Food Pantry

Westcop – Rockland Community Action Program

ROCKLAND COUNTY FARMS

FARM NAME

FARM SUMMARY

Cropsey Community Farm, New City

Non-profit farm of the Rockland farm alliance offering subsidized CSA shares

Pfeiffer Center, Spring Valley

Subsidized share costs are built into member payments to offer to families in need

SARATOGA COUNTY

ORGANIZATION NAME

Franklin Community Center

Saratoga Economic Opportunity
Council

ORGANIZATION SUMMARY

Non-profit offering community support services including food pantry and community garden site

Non-profit offering various community support services including summer meal program, soup kitchen/food pantry and rural grocery delivery

GOVERNMENT RELATED AGENCY/PROGRAMS

SCEOC WIC Clinic, Ballston Spa

Corinth WIC Clinic

South Glens Fall WIC Clinic

Mechanicville WIC Clinic

Schuylerville WIC Clinic

Clifton Park WIC Clinic

Saratoga WIC Clinic

SARATOGA COUNTY

FOOD PANTRIES

Adirondack Save-A-Stray

Bright Horizons

CAPTAIN Food Pantry

CAPTAIN Outreach

CAPTAIN Youth Shelter

Christ Church Food Pantry

Christ's Cupboard

Corinth Community Cupboard

ECHO Food Pantry

Faith Baptist Church Pantry

Franklin Community Center

Grace Church Food Pantry

Greater Galway Food Pantry

FARMER'S MARKETS - FMNP

* Accepts SNAP

Ballston Spa Farmer's Market

South Glens Falls Farmer's Market

Waterford Farmer's Market

Glens Fall Farmer's Market*

SARATOGA COUNTY
FOOD PANTRIES CONTINUED

Greenfield Center Food Pantry
Harvest Church Food Pantry
Living Hope United Methodist Food Pantry
Living Resources, Inc.
Mechanicville Emergency Food Pantry
Moreau Community Center Pantry
New Journeys Social Day Program
Pine Knolls Alliance Church Food Pantry
Project Lift
Rural Preservation Company
S.A.F.E.R. Backpack Program
S.A.F.E.R. Food Pantry
Salvation Army – Saratoga Food Pantry
Salvation Army – Saratoga Afterschool Program
Saratoga EOC Food Pantry
Saratoga EOC Mobile Food Pantry
Saratoga EOC Soup Kitchen
Shelters of Saratoga
Shenendehowa Helping Hands Food Pantry
SNACpack Program, Inc.
St. Clement's Outreach Food Pantry
St. Mary's/St. Vincent/Waterford
St. Paul's Saratoga Food Pantry
Stillwater Food Pantry
Summer Lunch Bunch
Support Ministries, Inc.
The Senior Citizens Center of Saratoga Springs
The Upper Room Thrift Shop Food Pantry
Transitional Services Association Programs
Veterans & Community Housing Coalition
Wellspring
Wilton Food Pantry

SARATOGA COUNTY FARMS

FARM NAME

FARM SUMMARY

Featherbed Lane Farm

Offers subsidized shares through sliding scale payment

SCHENECTADY COUNTY

ORGANIZATION NAME

ORGANIZATION SUMMARY

Schenectady Inner City Ministries

Non-profit addressing food insecurity through food relief, summer meal program, SNAP and state benefit assistance and community gardens. Mobile meal stations distribute summer lunches at 15 sites in Schenectady. Collaborated with Fox Creek Farm CSA to offer a low-income CSA program at Yates Village housing complex.

Schenectady County Strategic Alliance for Health

Community coalition awarded CDC grant to develop programs to improve access to healthy food and reduce chronic disease particularly related to nutrition.

WIC OFFICES

Schenectady County Public Health Services

FOOD PANTRIES

- Alternative Living Group
- Alliance for Positive Health
- Alpha Pregnancy Care Center
- Altamont Programs
- Animal Protective Foundation
- Bethesda House Food Pantry
- Bethesda House Soup Kitchen
- Bethesda House Yates Village Food Pantry
- Boys & Girls Club – Schenectady
- Braman’s Hall Food Pantry
- Bread of Life Food Pantry
- Catholic Charities Programs
- City Mission of Schenectady
- City Mission of Schenectady Community Meal Program
- Concerned for the Hungry
- Downtown Community Breakfast Program

FARMER’S MARKETS - FMNP

***Accepts SNAP**

Schenectady Farmer’s Market*

SCHENECTADY COUNTY

FOOD PANTRIES CONTINUED

Early Childhood Education Center – Schenectady
Family Life Center
Gathered Remnant Ministries Food Pantry
Girls Inc.
Grace and Mercy Food Pantry
Harmony Food Pantry
ICCD Food Pantry
Lighthouse Food Pantry
Living Resources, Inc.
Mohawk Opportunities, Inc.
New Choices Programs
Northeast Parent and Child Society
Oak Hill School
Our Lady of Fatima Food Pantry
Parsons Child and Family Center
Safe House
Salvation Army – Schenectady Food Pantry
Schenectady Community Action Program
Schenectady Day Nursery
Schenectady Guest House
Scotia Glenville Food Pantry
Schenectady Inner City Ministries Food Pantry
Soap Ministry of First United Methodist Church
St. Luke's Food Pantry
State Street Food Pantry
The Bridge Food Pantry
Things of My Very Own
Trinity Baptist Church Food Pantry
Trinity Reformed Church
Wildwood, Inc.
X-Quest, Inc.
Youth Advocate Program, Inc.
YWCA of Schenectady

ULSTER COUNTY

ORGANIZATION NAME

ORGANIZATION SUMMARY

Community Foundations
Hudson Valley*

A non-profit community foundation supporting various organizations in Dutchess, Orange and Ulster of the counties through donor partnerships. Their Farm Fresh Food Initiative has helped develop collaborative relationships around enhanced food access including support positions at RFHV, development of FeedHV mobile app,

Rondout Grower's
Association

A non-profit organization that focuses on promoting sustainable agriculture and communities through farm to pantry programs, farm to school programs, farm land conservation promotion and farmer to farmer collaborations. Partnerships with Ulstercorps, CFHV, Glynwood,

Kingston YMCA Farm

A non-profit organization focusing on food production and education. Their produce goes to farm stands Project community based farm stands around Kingston. The YMCA farm project also offers school age and youth development programs.

FOOD PANTRIES

Rochester Food Pantry
Reservoir Food Pantry
Community Action of Ellenville Food Pantry
Ellenville Seventh Day Adventist Food Pantry
Family of Ellenville Food Pantry
Hosanna Assembly of God Inc. Food Pantry
St. Mary's & St. Andrew's Roman Catholic Church Food Pantry
Shiloh Baptist Soup Kitchen
Ulster Heights Methodist Church Food Pantry
Port Ewen Food Pantry at the Town of Esopus United Methodist Church
Helping Hands Ministry Food Pantry
Ascension Holy Trinity Food Pantry
Calvary Chapel Highland Food Pantry
Family Outreach
Community Action Highland Food Pantry
St. Vincent DePaul - St. James Food Pantry

FARMER'S MARKET - FMNP

*** Accepts SNAP**

Village of Fishkill Farmer's Market
Kingston Farmer's Market*
Heart of the Hudson Valley Farmer's Market
Saugerties Farmer's Market*
Kingston YMCA Farm Stand*

ULSTER COUNTY
FOOD PANTRIES CONTINUED

St. Josephs Social Ministry Food Pantry
Angel Food East Inc Soup Kitchen
Caring Hands Food Pantry
Catholic Charities Food Pantry
Church of the Holy Cross
Community Action Kingston Food Pantry
First Baptist Church Outreach Dinner
Happy to Help Food Pantry
Heaven bound Food Pantry
Heart Street Food Pantry
Peoples Place Food Pantry
Pointe of Praise Food Pantry
Salvation Army Kingston Food Pantry
Bread of Life Food Pantry
St. Mary's Rectory Food Pantry
Modena United Methodist Church Food Pantry
Family of New Paltz
St. Joseph's Food Pantry
Town of Shandaken Food Pantry
Pine Bush Ecumenical Food Pantry
New Day Tabernacle Food Pantry
Plattekill Food Pantry
Rosendale Food Pantry
God Given Bread Food Pantry
Saugerties Area Council of Churches Food Pantry
St John the Evangelist Food Pantry
Rondo Valley Food Pantry
His Love Unveiled Food Pantry
Loaves & Fishes Food Closet Food Pantry
Ascension Holy Trinity Food Pantry
Daily Bread Soup Kitchen
Family of Woodstock Food Pantry
Good Neighbor Food Pantry

ULSTER COUNTY FARMS

FARM NAME

FARM SUMMARY

Second Wind CSA, Gardiner

Offers sliding scale CSA payment

Solid Ground Farm

Offers sliding scale CSA payment

Phillies Bridge Farm Project

Offers subsidized shares through sliding scale payment options and accepts SNAP/EBT for CSA payment. Also has educational programming and outreach related to food and food access.

WASHINGTON COUNTY

ORGANIZATION NAME

ORGANIZATION SUMMARY

Comfort Food Community

A non-profit in Greenwich, NY addressing food insecurity through emergency food relief, gleaning program, community gardens, backpack program and mobile market

GOVERNMENT RELATED AGENCY/PROGRAMS

WIC OFFICES

Washington County Public Health Services, Hudson Falls

Satellite Clinics held once a month

Cambridge, Granville, Salem, Greenwich, Whitehall,

FOOD PANTRIES

Argyle Presbyterian Food Pantry

Cambridge Food Pantry

Comfort Food Community Food Pantry-Cossayuna

Comfort Food Community Food Pantry-Greenwich

Cornerstone Outreach Center Food Pantry

Doreen's Food Pantry

Doreen's Soup Kitchen

Fort Edward Community Food Pantry

Hartford Food Pantry

Kingsbury SDA Church Food Pantry

Lunch, Learn and Play Program

MVEC Food Pantry

Salem Food Pantry

Washington County DSS Employees Food Pantry

Washington County EOC Food Pantry

Whitehall Community Food Pantry

FARMER'S MARKET - FMNP

*** Accepts SNAP**

Cambridge Valley Farmer's Market

Fort Edward Farmer's Market

Ft. Edward Canal St. Mktplace Farmer's Market

Greenwich Farmer's Market

Sandy Hill Farmer's Market, Hudson Falls

Salem Rt. 22 Farmer's Market

Whitehall Rt. 22 Farmer's Market

WESTCHESTER COUNTY

ORGANIZATION NAME

ORGANIZATION SUMMARY

NON-PROFITS -

Feeding Westchester

A non-profit member of Feeding America whose mission is to end hunger in Westchester County through food recovery programs, food assistance and education. Feeding Westchester serves and helps coordinate a network of organizations, programs and initiatives working on hunger relief.

InterGenerate

A non-profit organizing community gardens, egg co-ops and beehives to help strengthen c community, address food insecurity and provide education and outreach about food and nutrition.

GOVERNMENT RELATED AGENCY/PROGRAMS

WIC OFFICES

Westchester County Department of Health, White Plains
Mount Vernon Neighborhood Health Center

WESTCHESTER COUNTY

FOOD PANTRIES

Holy Spirit Food Pantry
Cortlandt Emergency Food Pantry
Food Bank for Westchester
Harrison Community Services Food Pantry
Arcs/Hawthorne
Katonah Community Center
Larchmont/ Mamaroneck Hunger Task Force, Mamaroneck CAP
St. Thomas Brown Bag Lunch

FARMER'S MARKETS - FMNP

****Accepts SNAP***

Bronxville Farmer's Market
Chappaqua Farmer's Market
NY Presbyterian HVHV Farmer's Market*
Hartsdale Farmer's Market
Hastings Farmer's Market*
Irvington Farmer's Market
John Jay Homestead Farmer's Market
Larchmont Farmer's Market

WESTCHESTER COUNTY

FOOD PANTRIES CONTINUED

Mohegan Lake Community Center
Va Hospital Supportive Housing Food Pantry
Bethel Baptist Church Food Pantry
Mount Kisco Interfaith Food Pantry, United Methodist Church Of Mt. Kisco
Village Of Mount Kisco Senior Nutrition - Fox Center
Saints John Paul And Clement Food Pantry
Sacred Heart Food Pantry
Saint Mary's Church Food Pantry
Grace Baptist Church Food Pantry
Through God's Hands Food Pantry - Sacred Heart Church
Trinity Church Pantry Outreach
First Reformed Church Food Pantry
Bronx-Westchester Community Church
Project Family Soup Kitchen, located in Sacred Heart Church
First Reformed Soup Kitchen
Mount Vernon SDA Soup Kitchen
A Heavenly Start Soup Kitchen operates from Sacred Heart Church
Church Of God Of Prophecy Community Outreach
Hope Community Services Food Pantry
New Rochelle Cap Food Pantry
Salvation Army New Rochelle Food Pantry
The Master's Helping Hand Food Pantry
Shiloh Baptist Church Food Pantry
Union Baptist Church Food Pantry
Union Baptist Church Soup Kitchen
Hope Community Services
New Rochelle Cap Soup Kitchen
Westchester Consumer Empowerment
Shiloh Baptist Church Breakfast Program
Ossining Food Pantry
Ossining Cap Food Pantry

FARMER'S MARKETS - FMNP

****Accepts SNAP***

New Rochelle Farmer's Market
New Rochelle Grand Market
Ossining Farmer's Market
Peekskill Farmer's Market
Pleasantville Farmer's Market*
Port Chester Farmer's Market
Rye Farmer's Market
Tarrytown/Sleepy Hollow Farmer's Market*
White Plains Farmer's Market
Saint John's Church Farmer's Market
Dobbs Ferry Farm Stand
Bowen Farm Stand
Fable: From Farm to Table Farm Stand
Hilltop Hanover Farm Stand

WESTCHESTER COUNTY

FOOD PANTRIES CONTINUED

Ossining Open Door Health Center
Star Of Bethlehem Soup Kitchen
Loaves And Fish Soup Kitchen
Salvation Army Peekskill Food Pantry
Mount Lebanon Baptist Food Pantry
Harvest Time Food Pantry
SunNY Donut
Interfaith Emergency Food Pantry, United
Port Chester Carver Center Food Pantry
Holy Rosary Food Pantry
Summerfield United Methodist Church
Saint Frances Ame Zion Sk
Holy Rosary Soup Kitchen
St. Peter'S Neighborhood Dinner
Salvation Army Tarrytown Food Pantry
Tarrytown C.o.c. Food Pantry
Hillside Food Outreach Food Pantry
Eastchester Cap Food Pantry
Greenburgh/Elmsford Cap Food Pantry
Ecumenical Emergency Food Pantry
Lord's Pantry Food Pantry, Saint Bernard's Church
First S.d.a. Church Food Pantry
3Rd Sat Of Month At Sunset
The Sterling Club Food Pantry
White Plains Cap Food Pantry
Search For Change, Supported Housing
The French Speaking Baptist Church Food Pantry
Salvation Army White Plains
Lord'S Pantry Soup Kitchen
Grace Church Soup Kitchen
Salvation Army Mobile
Union Food For Life
St. Peter's Food Pantry

WESTCHESTER COUNTY

FOOD PANTRIES CONTINUED

Riverdale S.d.a. Church Food Pantry
Sacred Heart Food For The Hungry
Yonkers Cap Food Pantry
A Different Start Food Pantry
San Andres Episcopal Church Food Pantry
Pressley Memorial Food Pantry
Yonkers Hungry People Food Pantry
Yonkers S.d.a. Church Food Pantry
Westhab Food Pantry
Operation Fight Back
Ywca Of Yonkers Food Pantry
Riverdale S.d.a. Church Soup Kitchen
Sharing Community
Pressley Memorial Soup Kitchen
Yonkers First Arabic Church
Saint Joseph's Soup Kitchen
Betha NY Ame Church
First Presbyterian Church Food Pantry

FARM NAME

FARM SUMMARY

Hilltop Hanover, Yorktown Heights

Farm and environmental education center offering a CSA program that accepts WIC benefits and FMNP checks. Minimum of 10% of produce is donated to food pantries.

ADDITIONAL RESOURCES

- Healthy Food for All, Tompkins County
- Corbin Hill Food Project, Harlem NY
- “ Map the Meal Gap 2018 – Food Insecurity in New York by County in 2016”
https://www.feedingamerica.org/sites/default/files/research/map-the-meal-gap/2016/overall/NY_AllCounties_CDs_MMG_2016.pdf
- “Poughkeepsie Plenty: A Community Food Assessment” by Leonard Nevarez, Susan Grove, KT Tobin and Joshua Simmons”
https://www.newpaltz.edu/benjamincenter/discussion_brief_11.pdf
- “ A Just and Vibrant Food City - The Poughkeepsie Plenty for a Hunger Free Community”
<http://poughkeepsieplenty.org/wp-content/uploads/2016/12/Just-and-Vibrant-Food-City-Poughkeepsie-Plenty-Plan-for-a-HFC-FINAL.pdf>
- “ Fresh and Healthy Food for All in Columbia County, NY – October 2015” by Berkshire Taconic Foundation
<http://www.berkshiretaconic.org/Portals/0/Uploads/Documents/Fresh%20and%20Healthy%20Food%20for%20All%20October%202015.pdf>
- “ Special Report: Food Security – Hunger in the Hudson Valley” by the Community Foundations of the Hudson Valley
<https://communityfoundationshv.org/CommunityFoundationsOfTheHudsonValley/media/Documents/CFHV-Food-Security-Report-for-Web.pdf>