

## VOLUNTEERING AT GLYNWOOD...

"Volunteering at Glynwood was an educational and fun experience for me. As a chef in Manhattan for ten years, I've had the opportunity to work with some great ingredients.

While volunteering at Glynwood I was able to see those ingredients go from field to table. I was able to gain hands on experience of growing vegetables and helping maintain crops that were given the utmost care and concern. Above all, I feel privileged to have worked with Glynwood's gardeners and to have witnessed and experienced the commitment Glynwood shows to it's land and community".

—Mark Gondara, Volunteer

"Working as a volunteer gardener at Glynwood Farm last year was one of the most rewarding and up-lifting experiences of my life. When I signed on I expected to spend time in the fields learning sound organic farming practices and helping with the CSA responsibilities, which I did. What I didn't anticipate was the attachment I felt almost immediately to the farm, its mission and operation, and to the dedicated staff as a whole, with whom I worked on an almost daily basis. They made me feel welcomed and appreciated as a new member of the farm "family," and helped me understand that community building on a farm is essential to its survival".

—Barbara Callaway, Volunteer



Volunteer  
GLYNWOOD



Glynwood's mission is to help communities in the Northeast save farming. Our unique niche is to:

- Find solutions to the region's need for farming infrastructure
- Empower communities to support farming and conserve farmland
- Work our own land to test, innovate, and teach techniques that demonstrate the economic viability of environmentally sustainable farming.

We are working to realize a vision – a vision of a farming revival and a revitalization of farm communities throughout the Northeast – a vision of working farmscapes supporting energetic local economies and communities – a vision of consumers having ready access to fresh, healthful food produced by local farmers who practice land stewardship and environmentally sustainable agriculture.

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[www.glynwood.org](http://www.glynwood.org)

Photos: Glynwood stock except inside, 4th from left - ©George Potanovic, Jr.



BECAUSE FARMING, FOOD  
AND COMMUNITY MATTER...

GLYNWOOD



MAKE A DIFFERENCE  
AS A GLYNWOOD VOLUNTEER

Volunteer

YOUR TIME

AND

TALENTS CAN

# Make a Difference

You or your group can make a difference in the community and for the future of farming in the Hudson Valley by donating your time and talents to Glynwood.

As a Glynwood Volunteer, you will directly support us in our mission to help communities save farming—but you'll also have fun and undoubtedly learn something new as you work side by side with our staff. We can use your help:

- On Glynwood Farm and CSA gardens where we demonstrate the economic viability of sustainable farming techniques.
- At Glynwood events where we invite the community to learn about and enjoy the farm and our programs.
- In Glynwood's flower gardens, grounds, and facilities where we practice stewardship of our land and resources.
- In Glynwood's office where our programs reach out to the region and the nation.



## GLYNWOOD'S CHORE LIST

# What You Can Do to Help

### Livestock Chores:

Get to know our pasture-raised cows, pigs, sheep, goats and chickens by feeding, watering, mucking and egg collecting. Because training and supervision is involved, livestock volunteers must commit to at least one day per week (2 hours) for 8 weeks.

### CSA Garden Chores:

Grow good, healthy food the natural way by planting

and nurturing seedlings in our greenhouse, and by watering, weeding, harvesting, mulching, pruning and building soil nutrients in our CSA garden. Because training is involved, CSA volunteers must commit to at least one day per week (2 hours) for 8 weeks.

### Ecological Management:

Help us to be responsible land stewards by pulling

invasive plants and clearing brush and trails.

### Ornamental Gardening:

Care for native plantings selected for their beauty and ecological appropriateness to our region.

### Special Events:

Help us host large community events by greeting and engaging our visitors, leading activities for children, staffing the

admissions table and parking cars.

### Glynwood's Office:

Assist us in effective communications with our local community and regional networks by organizing information and maintaining databases.

### Property Maintenance:

Share your carpentry skills as you help us to maintain our facilities.



HOW TO

# Volunteer

AT GLYNWOOD

The best way to get started as a Glynwood Volunteer is to visit our website at [www.glynwood.org](http://www.glynwood.org) OR E-mail us at [volunteer@glynwood.org](mailto:volunteer@glynwood.org) Telephone us at 845 265 3338

Individual volunteers must be at least 16 years old. Groups of 5-15 people are welcome and younger volunteers, ages 12-15, may join us as a group with adult supervision.